



ICHOM

International Consortium for
Health Outcomes Measurement

DEPRESSION & ANXIETY DATA COLLECTION REFERENCE GUIDE

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We are thrilled that you are interested in measuring outcomes for your depression and anxiety patients according to ICHOM standards. It is our hope that this Reference Guide will facilitate the process of implementing our Standard Set and ensure collection of comparable data for global benchmarking and learning.

Introducing ICHOM and the Reference Guide

ICHOM brings together patient representatives, clinician leaders, and registry leaders from all over the world to develop Standard Sets, comprehensive yet parsimonious sets of outcomes and case-mix variables we recommend all providers track.

Each Standard Set focuses on patient-centered results, and provides an internationally-agreed upon method for measuring each of these outcomes. We do this because we believe that standardized outcomes measurement will open up new possibilities to compare performance globally, allow clinicians to learn from each other, and rapidly improve the care we provide our patients.

Our Standard Sets include initial conditions and risk factors to enable meaningful case-mix adjustment globally, ensuring that comparisons of outcomes will take into account the differences in patient populations across not just providers, but also countries and regions. We also include high-level treatment variables to allow stratification of outcomes by major treatment types. A comprehensive data dictionary, as well as scoring guides for patient-reported outcomes is included in the appendix.

Working Group Members for Depression & Anxiety

The following individuals dedicated both time and expertise to develop the ICHOM Standard Set for Depression & Anxiety in partnership with ICHOM, under the leadership of Dr. Matthias Rose, Professor of Psychosomatic Medicine at the Charité University in Berlin.

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Supporting Organizations

The Depression & Anxiety Standard Set is made possible only through the support of the following organizations.

Thank you.



Conditions and Treatment Approaches Covered for Depression & Anxiety

For Depression & Anxiety, the following conditions and treatment approaches (or interventions) are covered by our Standard Set.

Conditions	Depression: Major Depressive Disorder Dysthymia Depressive Adaptive/Adjustment Disorder Depressive Disorder - NOS Anxiety: Generalized Anxiety Disorder Phobic Disorder Agoraphobia Post-Traumatic Stress Disorder Panic Disorder Obsessive-Compulsive Disorder
Treatment Approaches	Psychopharmacotherapy Psychotherapy Lifestyle Interventions Self-Guided Help Other Forms of Therapy

ICHOM Standard Set for Depression & Anxiety

Case-Mix Variables

Patient Population	Measure	Supporting Information	Timing	Data Source
Demographic Factors				
All patients	Age	Date of birth	Baseline	Patient-reported
	Sex	Sex at birth		
	Educational level	Level of schooling completed		
	Living status	N/A	Baseline; Annually	
	Work status	N/A		
	Social support/Network	Tracked via MOS-SSS		
Health Status				
All patients	Patient's outcome expectancy	Scale of usefulness of therapy	Baseline; Annually	Patient-reported
	Comorbidities	Modified Self-administered Comorbidity Questionnaire (SCQ)		
	Duration of symptoms	Measured in months	Baseline	
	Prior episodes of depression	N/A		
Prior Treatment				
All patients	Prior treatment	Medication, psychotherapy, other	Baseline	Patient-reported
	Adherence of medication	Antidepressants	Baseline; Ongoing; Annually	Patient-reported

Treatment Variables

Patient Population	Measure	Supporting Information	Timing	Data Source
All patients	Ongoing treatment	Medication, psychotherapy, other	Baseline; Ongoing; Annually	Patient-reported

Outcomes

Patient Population	Measure	Supporting Information	Timing	Data Source
Symptom Burden				
All patients	Symptoms of depression	Tracked via PHQ-9	Baseline; Ongoing; Annually	Patient-reported
	Symptoms of general anxiety	Tracked via GAD-7		
Functioning				
All patients	Physical functioning	Tracked via WHODAS 2.0	Baseline; Annually	Patient-reported
	Work functioning	Tracked via WHODAS 2.0; work status; absenteeism		
	Social functioning	Tracked via WHODAS 2.0		
Recovery Speed & Health Sustainability				
All patients	Time to recovery	Calculated from symptom questionnaires	Ongoing	Patient-reported
	Overall success of treatment	Includes global assessment	Annually	
	Recurrence of depression	# of episodes		
Other				
All patients	Medication side-effects	Includes type	Baseline; Ongoing; Annually	Patient-reported

Optional variables for patients with specific anxiety disorders

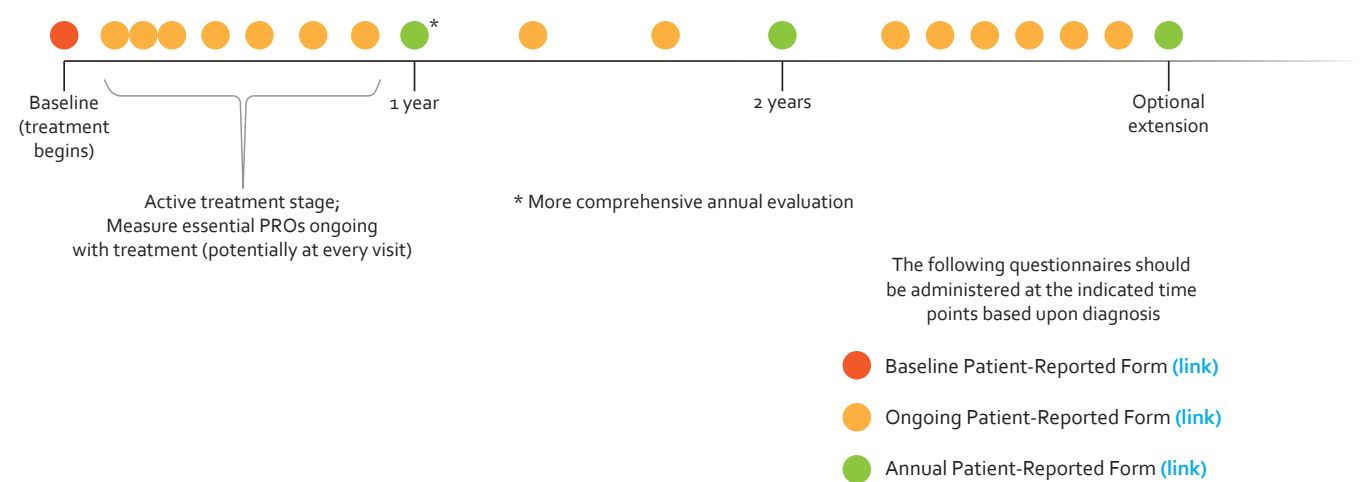
Note: Clinics may wish to compliment the Standard Set with additional questionnaires for those patients with specific anxiety disorders. We include here a list of examples as employed successfully in the Improving Access to Psychological Therapy (IAPT) program in the UK.

Symptom Burden				
Patients with social phobia	Symptoms of social phobia	Tracked via SPIN	Baseline; Ongoing; Annually	Patient-reported
Patients with agoraphobia	Symptoms of agoraphobia	Tracked via MIA		
Patients with PTSD	Symptoms of post-traumatic stress disorder	Tracked via IESR		
Patients with panic disorder	Symptoms of panic disorder	Tracked via PDSS-SR		
Patients with OCD	Symptoms of obsessive-compulsive disorder	Tracked via OCI-R		

PHQ-9: Patient Health Questionnaire-9; GAD-7: Generalized Anxiety Disorder-7; SPIN: Social Phobia Inventory; MI: Mobility Inventory for Agoraphobia; IES-R: Impact of Event Scale – Revised for Post-traumatic Stress Disorder; PDSS-SR: Panic Disorder Severity Scale; OCI-R: Obsessive-Compulsive Inventory; WHODAS 2.0: World Health Organization Disability Assessment Schedule 2.0

Follow-Up Timeline and Sample Questionnaires

The following timeline illustrates when Standard Set variables should be collected from patients. Links to the sample questionnaires may be found in the legend below.



Collecting Case-Mix Variables and Outcomes

Survey(s) Used	Licensing Information	Scoring Guides
Patient Health Questionnaire (PHQ-9)	All surveys used are free to use, and licenses are not needed.	To facilitate the scoring of these surveys, scoring instructions are provided in the Appendix beginning on page 9 .
Generalized Anxiety Disorder (GAD-7)		
World Health Organization Disability Assessment Schedule 2.0 (WHODAS 2.0)-12-item Instrument		
Medical Outcomes Study: Social Support Survey (MOS-SSS)		
Optional Survey(s) Used	Licensing Information	Scoring Guides
Social Phobia Inventory (SPIN)	All surveys used are free to use, and licenses are not needed.	To facilitate the scoring of these surveys, scoring instructions are provided in the Appendix beginning on page 9 .
Mobility Inventory for Agoraphobia (MIA)		
Impact of Event Scale - Revised for Post-traumatic Stress Disorder (IES-R)		
Panic Disorder Severity Scale (PDSS-SR)		
Obsessive-Compulsive Inventory (OCI-R)		

The Growing ICHOM Community

By implementing the ICHOM Standard Sets, you become part of an expanding, international community of innovative health care providers dedicated to improving value for patients. To learn more about how ICHOM can assist your organization in implementing outcome measurement, contact us at implement@ichom.org, or visit <http://www.ichom.org/measure>.

Scoring Instructions for the Patient Health Questionnaire (PHQ-9)

Scoring: 0-3 Scale for each item; 0 Not at all; 3 Nearly every day

The nine item version of the Patient Health Questionnaire (PHQ-9) was designed to facilitate the recognition and diagnosis of depression in primary care patients. It can be used to monitor change in symptoms over time and provides a depression severity index score as follows:

0–4	None
5–9	Mild
10 – 14	Moderate
15 – 19	Moderately Severe
20 – 27	Severe

The recommended cut-off for the PHQ-9 severity index is a score of 9. Anyone who scores 10 or above can be considered to be suffering from clinically significant symptoms of depression. This is referred to as meeting “caseness”.

Scoring Instructions for the Generalized Anxiety Disorder (GAD-7)

Scoring: 0-3 Scale for each item; 0 Not at all; 3 Nearly every day

Though designed primarily as a screening and severity measure for generalized anxiety disorder, the GAD7 also has moderately good operating characteristics for three other common anxiety disorders – panic disorder, social anxiety disorder, and post-traumatic stress disorder. The index scores are as follows:

0–4	None
5–10	Mild Anxiety
11 – 15	Moderate Anxiety
15 – 21	Severe Anxiety

The recommended cut off for the GAD-7 severity index is a score of 7. Anyone who scores 8 or above can be considered to be suffering from clinically significant anxiety symptoms.

In order to facilitate comparison of the PHQ-9 and the GAD-7 scores with those from the PROMIS and other similar surveys, we have provided score conversion tables on the following page.

Conversion Table for the Patient Health Questionnaire (PHQ-9)

Raw score to T Score Conversion Table (IRT Fixed-Parameter Calibration Linking) for PHQ-9 to PROMIS Depression

PHQ-9 Score	PROMIS Depression T Score	SE	PHQ-9 Score	PROMIS Depression T Score	SE
0	37.4	6.4	14	64.7	3.2
1	42.7	5.3	15	65.8	3.2
2	45.9	4.8	16	66.9	3.2
3	48.3	4.7	17	68.0	3.1
4	50.5	4.3	18	69.2	3.2
5	52.5	4.0	19	70.3	3.2
6	54.2	3.8	20	71.5	3.2
7	55.8	3.7	21	72.7	3.3
8	57.2	3.6	22	74.0	3.4
9	58.6	3.5	23	75.3	3.5
10	59.9	3.4	24	76.7	3.6
11	61.1	3.3	25	78.3	3.7
12	62.3	3.3	26	80.0	3.8
13	63.5	3.2	27	82.3	3.8

IRT: item response theory; PROMIS Depression: Depression subscale of the Patient-Reported Outcomes Measurement Information System

Scoring Instructions for the Generalized Anxiety Disorder (GAD-7)

Raw score to T Score Conversion Table (IRT Fixed-Parameter Calibration Linking) for GAD-7 to PROMIS Anxiety

GAD-7 Score	PROMIS Depression T Score	SE	GAD-7 Score	PROMIS Depression T Score	SE
0	38.5	6.1	11	63.7	3.2
1	44.5	4.6	12	65.0	3.1
2	47.9	4.0	13	66.4	3.1
3	50.4	3.7	14	67.7	3.1
4	52.6	3.5	15	69.0	3.1
5	54.6	3.4	16	70.4	3.2
6	56.3	3.3	17	71.9	3.3
7	57.9	3.3	18	73.5	3.4
8	59.4	3.3	19	75.3	3.6
9	60.9	3.2	20	77.2	3.7
10	62.3	3.2	21	80.1	4.1

Scoring Instructions for the Social Phobia Inventory (SPIN)

The Social Phobia Inventory (SPIN) has 17 items and a cut-off score of 19 or above. It is recommended where the provisional diagnosis is Social Phobia.

Scoring: 0-4 Scale for each item; 0 Not at all; 4 Extremely

For each item, patients select a number to indicate how bothered they have been by the item during the past week. The total score provides a measure of the severity of social phobia.

Scoring Instructions for the Mobility Inventory for Agoraphobia (MI)

The Mobility Inventory for Agoraphobia (MI) has 27 items. It is recommended where the provisional diagnosis is Agoraphobia.

Scoring: 1-5 item scale: 1 Never avoid, 2 Rarely avoid, 3 Avoid about half the time, 4 Avoid most of the time, 5 Always avoid.

Patients select numbers to indicate the degree to which they would avoid particular places or situations because of discomfort or anxiety. The total score provides a measure of the severity of agoraphobia.

Each situation is rated twice to reflect the degree that the situation is avoided by the agoraphobic participant when he or she is alone, and when he or she is accompanied. Participants may skip items that are irrelevant to their lifestyles; however, Chambless et al. (1985) recommend that the scale be considered invalid for individuals who skip more than five items (20%). The MI is scored by calculating the average avoidance rating across all situations for the 'When alone' and 'When accompanied' scales. For the measure related to 'When alone' a cut-off score above an item average of 2.3 should be applied.

Scoring Instructions for the Impact of Events Scale - Revised for Post-traumatic Stress Disorder (IES-R)

The Impact of Events Scale Revised (IES-R) has 22 items and a cut-off score of 33 or above. It is recommended where the provisional diagnosis is Post Traumatic Stress Disorder (PTSD).

Scoring: 0-4 Scale for each item; 0 Not at all; 4 Extremely

Patients select numbers from 0 (not at all) to 4 (extremely) to indicate how frequently particular comments have been true during the past seven days. The total score, which ranges from 0 to 88, provides a measure of the severity of PTSD. When some items are missing, clinicians should calculate the mean of the items that have been endorsed and then multiply it by 22 to arrive at the total score (pro-rating).

As well as providing a total score, the IES-R also contains sub-scales for avoidance, intrusions and hyperarousal. The item numbers for each sub-scale are as follows:

Avoidance Subscale: Items 5, 7, 8, 11, 12, 13, 17, 22.

Intrusions Subscale: Items 1, 2, 3, 6, 9, 14, 16, 20.

Hyperarousal Subscale: Items 4, 10, 15, 18, 19, 21.

The total score is part of the IAPT minimum dataset and is included in the IAPT Data Standard however the sub-scales are not included. Some clinicians may find the sub-scales useful for identifying particular clinical targets and for tracking patterns of change. As the sub-scales vary in the total number of items, it is recommended that individuals who wish to use them in this way should use the mean of non-missing items when calculating sub-scale scores.

Scoring Instructions for the Panic Disorder Severity Scale (PDSS-SR)

The Panic Disorder Severity Scale (PDSS-SR) has 7 items and a cut-off score of 8.

Scoring: 0-4 Scale for each item; Response unique to each question

The PDSS is a simple, reliable instrument for use in Panic Disorder studies. A cut-score of 8 may be useful as a tool to screen patients in settings such as primary care, for diagnosis-level symptoms (Shear, M. K., P. Rucci, et al. (2001)).

	Normal	Borderline	Slightly Ill	Moderately Ill	Markedly Ill
Without agoraphobia	0-1	2-5	6-9	10-13	> or = 14
With agoraphobia	0-2	3-7	8-10	11-15	> or = 16

Scoring Instructions for the Obsessive-Compulsive Inventory (OCI-R)

The Obsessive Compulsive Inventory (OCI-R) has 42 Items and a cut-off score of 40 and above. It is recommended where the provisional diagnosis is Obsessive Compulsive Disorder.

Scoring: 0-4 Item Scale; 0=Not at all; 4=Extremely

This measure provides an obsessive compulsive disorder severity score from ratings of the extent to which particular experiences have distressed or bothered the patient in the last month.

Scoring Instructions for the World Health Organization Disability Assessment Schedule 2.0 (WHODAS 2.0)

Scoring: 0-4 Item Scale; 0=None; 4=Extreme or cannot do

The scores assigned to each of the items – “none” (0), “mild” (1) “moderate” (2), “severe” (3) and “extreme” (4) – are summed. This summed score is divided by 48 and multiplied by 100 in order to give a final percentage. Functioning level ranges from 0% (full function) to 100% (no function).

Scoring Templates may be downloaded here: <http://www.who.int/classifications/icf/whodasii/en/>

Introduction to the Data Dictionary

This data dictionary is designed to help you measure the ICHOM Depression & Anxiety Standard Set as consistently as possible to the Working Group recommendation. ICHOM is actively preparing for benchmarking efforts based on this data, and all data submitted for comparisons will need to be transformed into the following data structure if not already structured as such. **We are happy to provide an Excel version of this data dictionary for technical use.**

Please timestamp all variables. Some Standard Set variables are collected at multiple timepoints, and we will ask you to submit these variables in a concatenated VARIABLEID_TIMESTAMP form for future analyses. For example, VARIABLEID_BASE (baseline); VARIABLEID_6MO (6 month follow-up); VARIABLEID_1YR (1 year follow-up), etc.

Case-Mix Variables

CASE-MIX VARIABLES

Variable ID:	N/A
Variable:	Patient ID
Definition:	Indicate the patient's medical record number
Supporting Definition:	This number will not be shared with ICHOM. In the case patient-level data is submitted to ICHOM for benchmarking or research purposes, a separate ICHOM Patient Identifier will be created and cross-linking between the ICHOM Patient Identifier and the medical record number will only be known at the treating institution
Inclusion Criteria:	All patients
Timing:	On all forms
Reporting Source:	Administrative or clinical
Type:	Numerical
Response Options:	According to institution

Demographic Factors

Variable ID:	AGE
Variable:	Age
Definition:	What is your date of birth?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline
Reporting Source:	Patient-reported
Type:	Date by DD/MM/YYYY
Response Options:	DD/MM/YYYY
Variable ID:	SEX
Variable:	Sex
Definition:	Please indicate your sex at birth
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	1 = Male 2 = Female 999 = Do not want to answer

Variable ID:	EDUCATION
Variable:	Educational level
Definition:	Please indicate highest level of schooling completed
Supporting Definition:	The level of schooling is defined in each country as per ISCED [International Standard Classification]
Inclusion Criteria:	All patients
Timing:	Baseline
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None 1 = Primary 2 = Secondary 3 = Tertiary
Variable ID:	LIVING
Variable:	Living status
Definition:	Which statement best describes your living arrangements?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	1 = I live with partner/spouse/family/friends 2 = I live alone 3 = I live in a nursing home, hospital or other long term care home 888 = Other
Variable ID:	WORK
Variable:	Work status
Definition:	What is your work status?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Unable to work due to a condition other than depression or anxiety 1 = Unable to work due to depression or anxiety 2 = Not working by choice (student, retired, homemaker) 3 = Seeking employment (I consider myself able to work but cannot find a job) 4 = Working part-time 5 = Working full-time
Variable ID:	MOSSSS_Qo1
Variable:	Question 1 of MOSSSS
Definition:	People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Someone to share your most private worries and fears with
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None of the time 1 = A little of the time 2 = Some of the time 3 = Most of the time

	4 = All of the time
Variable ID:	MOSSSS_Qo2
Variable:	Question 2 of MOSSSS
Definition:	Someone to turn to for suggestions about how to deal with a personal problem
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None of the time 1 = A little of the time 2 = Some of the time 3 = Most of the time 4 = All of the time
Variable ID:	MOSSSS_Qo3
Variable:	Question 3 of MOSSSS
Definition:	Someone to do something enjoyable with
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None of the time 1 = A little of the time 2 = Some of the time 3 = Most of the time 4 = All of the time
Variable ID:	MOSSSS_Qo4
Variable:	Question 4 of MOSSSS
Definition:	Someone to love and make you feel wanted
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None of the time 1 = A little of the time 2 = Some of the time 3 = Most of the time 4 = All of the time

Health Status

Variable ID:	OUTEXPEC
Variable:	Patient's outcome expectancy
Definition:	How successful do you think your current therapy will be in reducing your symptoms?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all successful 1 = Somewhat successful 2 = Moderately successful

	3 = Very successful
Variable ID:	COMORB
Variable:	Comorbidities
Definition:	Have you been told by a doctor that you have any of the following?
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003)
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Multiple answer Separate multiple entries with ";"
Response Options:	0 = I have no other diseases 1 = Heart disease (For example angina, heart attack, or heart failure) 2 = High blood pressure 3 = Leg pain when walking due to poor circulation 4 = Lung disease (For example asthma, chronic bronchitis, or emphysema) 5 = Diabetes 6 = Kidney disease 7 = Liver disease 8 = Problems caused by stroke 9 = Disease of the nervous system (For example Parkinson's disease or Multiple Sclerosis) 10 = Cancer (within the last 5 years) 11 = Depression 12 = Arthritis 13 = Substance abuse (For example alcohol or drugs) 14 = Somatoform disorder (unexplained medical symptoms) 15 = Personality disorder 16 = Chronic pain disorder 17 = Schizophrenic disorder
Variable ID:	SYMPDUR
Variable:	Duration of symptoms
Definition:	How many months have you been experiencing [specific condition] symptoms?
Supporting Definition:	Specific conditions include: Depression Generalized anxiety disorder Social phobia Agoraphobia Post-traumatic stress disorder Panic disorder Obsessive-compulsive disorder
Inclusion Criteria:	All patients
Timing:	Baseline
Reporting Source:	Patient-reported
Type:	Numerical value
Response Options:	Numerical value of number of months
Variable ID:	PRIOREPI
Variable:	Prior episodes of depression
Definition:	Have you ever experienced similar episodes of depression?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	1 = This is my first episode 2 = I had one similar episode before the current one 3 = I had several similar episodes before the current one

4 = My symptoms of depression do not occur in episodes

Prior Treatment

Variable ID: TXMED

Variable: Prior treatments: Medication

Definition: During the last year, did you receive any of the following treatments for [specific condition]?
Medication

Supporting Definition: Specific conditions include:
Depression
Generalized anxiety disorder
Social phobia
Agoraphobia
Post-traumatic stress disorder
Panic disorder
Obsessive-compulsive disorder

Inclusion Criteria: All patients

Timing: Baseline

Annually

Reporting Source: Patient-reported

Type: Single answer

Response Options: 0 = No
1 = Yes, 1-3 months
2 = Yes, 3-6 months
3 = Yes, more than 6 months

Variable ID: TXPSY

Variable: Prior treatments:

Psychotherapy

Definition: Psychotherapy

Supporting Definition: N/A

Inclusion Criteria: All patients

Timing: Baseline

Annually

Reporting Source: Patient-reported

Type: Single answer

Response Options: 0 = No
1 = Yes, 1-3 months
2 = Yes, 3-6 months
3 = Yes, more than 6 months

Variable ID: TXOTHER

Variable: Prior treatments: Other

Definition: Other

Supporting Definition: N/A

Inclusion Criteria: All patients

Timing: Baseline

Annually

Reporting Source: Patient-reported

Type: Single answer

Response Options: 0 = No
1 = Yes, 1-3 months
2 = Yes, 3-6 months
3 = Yes, more than 6 months

Variable ID: MEDADHER

Variable: Adherence to medication

Definition: If you took any medication for [specific condition], did you take your medication as prescribed?

Supporting Definition: Specific conditions include:

	Depression Generalized anxiety disorder Social phobia Agoraphobia Post-traumatic stress disorder Panic disorder Obsessive-compulsive disorder
Inclusion Criteria:	All patients If answered 'yes' to taking medication (TXMED)
Timing:	Baseline
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No 1 = Mostly 2 = Yes
Variable ID:	MEDADHERON
Variable:	Adherence to medication
Definition:	If you took any medication for [specific condition], did you take your medication as prescribed?
Supporting Definition:	Specific conditions include: Depression Generalized anxiety disorder Social phobia Agoraphobia Post-traumatic stress disorder Panic disorder Obsessive-compulsive disorder
Inclusion Criteria:	All patients If answered 'yes' to taking medication (TXMED)
Timing:	Ongoing
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No 1 = Mostly 2 = Yes
Variable ID:	MEDADHERANN
Variable:	Adherence to medication
Definition:	If you took any medication for [specific condition], did you take your medication as prescribed?
Supporting Definition:	Specific conditions include: Depression Generalized anxiety disorder Social phobia Agoraphobia Post-traumatic stress disorder Panic disorder Obsessive-compulsive disorder
Inclusion Criteria:	All patients If answered 'yes' to taking medication (TXMED)
Timing:	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No 1 = Mostly 2 = Yes

Treatment Variables

Variable ID:	TXMEDON
Variable:	Treatments: Medication
Definition:	During the last two weeks, did you receive any of the following treatments for [specific condition]? Medication
Supporting Definition:	Specific conditions include: Depression Generalized anxiety disorder Social phobia Agoraphobia Post-traumatic stress disorder Panic disorder Obsessive-compulsive disorder
Inclusion Criteria:	All patients
Timing:	Ongoing
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No 1 = Yes
Variable ID:	TXPSYON
Variable:	Treatments: Psychotherapy
Definition:	Psychotherapy
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Ongoing
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No 1 = Yes
Variable ID:	TXOTHERON
Variable:	Treatments: Other
Definition:	Other
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Ongoing
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No 1 = Yes
Variable ID:	MEDADHERON
Variable:	Adherence to ongoing medication
Definition:	If you took any medication for [specific condition], did you take your medication as prescribed?
Supporting Definition:	Specific conditions include: Depression Generalized anxiety disorder Social phobia Agoraphobia Post-traumatic stress disorder Panic disorder Obsessive-compulsive disorder
Inclusion Criteria:	All patients If answered 'yes' to taking medication (DEPTXMEDON)
Timing:	Ongoing
Reporting Source:	Patient-reported
Type:	Single answer

Response Options: 0 = No
1 = Mostly
2 = Yes

Outcomes

Symptom Burden

Variable ID:	PHQ9_Q01
Variable:	Question 1 of PHQ9
Definition:	Over the last 2 weeks, how often have you been bothered by any of the following problems? 1: Little interest or pleasure in doing things
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Q02
Variable:	Question 2 of PHQ9
Definition:	2: Feeling down, depressed, or hopeless
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Q03
Variable:	Question 3 of PHQ9
Definition:	3: Trouble falling or staying asleep, or sleeping too much
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Q04
Variable:	Question 4 of PHQ9
Definition:	4: Feeling tired or having little energy
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all

	2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Qo5
Variable:	Question 5 of PHQ9
Definition:	5: Poor appetite or overeating
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Qo6
Variable:	Question 6 of PHQ9
Definition:	6: Feeling bad about yourself — or that you are a failure or have let yourself or your family down
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Qo7
Variable:	Question 7 of PHQ9
Definition:	7: Trouble concentrating on things, such as reading the newspaper or watching television
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Qo8
Variable:	Question 8 of PHQ9
Definition:	8: Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually

Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Q09
Variable:	Question 9 of PHQ9
Definition:	9: Thoughts that you would be better off dead or of hurting yourself in some way
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Q10
Variable:	Question 10 of PHQ9
Definition:	If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not difficult at all 1 = Somewhat difficult 2 = Very difficult 3 = Extremely difficult
Variable ID:	GAD7_Q1
Variable:	Question 1 of GAD7
Definition:	Over the last 2 weeks, how often have you been bothered by the following problems? 1: Feeling nervous, anxious, or on edge
Supporting Definition:	N/A
Inclusion Criteria:	Patients with generalized anxiety disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all sure 1 = Several days 2 = Over half the days 3 = Nearly every day
Variable ID:	GAD7_Q2
Variable:	Question 2 of GAD7
Definition:	2: Not being able to stop or control worrying
Supporting Definition:	N/A
Inclusion Criteria:	Patients with generalized anxiety disorder
Timing:	Baseline

	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q3
Variable:	Question 3 of GAD7
Definition:	3: Worrying too much about different things
Supporting Definition:	N/A
Inclusion Criteria:	Patients with generalized anxiety disorder
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q4
Variable:	Question 4 of GAD7
Definition:	4: Trouble relaxing
Supporting Definition:	N/A
Inclusion Criteria:	Patients with generalized anxiety disorder
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q5
Variable:	Question 5 of GAD7
Definition:	5: Being so restless that it's hard to sit still
Supporting Definition:	N/A
Inclusion Criteria:	Patients with generalized anxiety disorder
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q6
Variable:	Question 6 of GAD7
Definition:	6: Becoming easily annoyed or irritable
Supporting Definition:	N/A
Inclusion Criteria:	Patients with generalized anxiety disorder
Timing:	Baseline
	Ongoing

Reporting Source:	Annually
Type:	Patient-reported
Response Options:	Single answer
	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q7
Variable:	Question 7 of GAD7
Definition:	7: Feeling afraid as if something awful might happen
Supporting Definition:	N/A
Inclusion Criteria:	Patients with generalized anxiety disorder
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q8
Variable:	Question 8 of GAD7
Definition:	If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?
Supporting Definition:	N/A
Inclusion Criteria:	Patients with generalized anxiety disorder
	If answered 'yes' that any of the previous problems have been bothering patient on anxiety (GAD7_Q1 to GAD7_Q7)
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not difficult at all
	1 = Somewhat difficult
	2 = Very difficult
	3 = Extremely difficult

Functioning

Variable ID:	WHODAS_Q01
Variable:	Question 1 of WHODAS 2.0
Definition:	This questionnaire asks about difficulties due to health conditions. Health conditions include diseases or illnesses, other health problems that may be short or long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs.
	Think back over the past 30 days and answer these questions, thinking about how much difficulty you had doing the following activities. For each question, please select only one response. In the past 30 days, how much difficulty did you have in:
Supporting Definition:	S1: Standing for long periods such as 30 minutes?
	N/A
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Reporting Source:	Patient-reported

Type:	Single answer
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Qo2
Variable:	Question 2 of WHODAS 2.0
Definition:	S2: Taking care of your household responsibilities?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Qo3
Variable:	Question 3 of WHODAS 2.0
Definition:	S3: Learning a new task, for example, learning how to get to a new place?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Qo4
Variable:	Question 4 of WHODAS 2.0
Definition:	S4: Joining in community activities (for example, festivities, religious, or other activities) in the same way as anyone else can?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Qo5
Variable:	Question 5 of WHODAS 2.0
Definition:	S5: How much have you been emotionally affected by your health problems?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported

Type:	Single answer
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Qo6
Variable:	Question 6 of WHODAS 2.0
Definition:	S6: Concentrating on doing something for ten minutes?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Qo7
Variable:	Question 7 of WHODAS 2.0
Definition:	S7: Walking a long distance such as a kilometer [or equivalent]?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Qo8
Variable:	Question 8 of WHODAS 2.0
Definition:	S8: Washing your whole body?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Qo9
Variable:	Question 9 of WHODAS 2.0
Definition:	S9: Getting dressed?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Single answer

Response Options: 0 = None
1 = Mild
2 = Moderate
3 = Severe
4 = Extreme or cannot do

Variable ID: WHODAS_Q10

Variable: Question 10 of WHODAS 2.0

Definition: S10: Dealing with people you do not know?

Supporting Definition: N/A

Inclusion Criteria: All patients

Timing: Baseline

Annually

Reporting Source: Patient-reported

Type: Single answer

Response Options: 0 = None
1 = Mild
2 = Moderate
3 = Severe
4 = Extreme or cannot do

Variable ID: WHODAS_Q11

Variable: Question 11 of WHODAS 2.0

Definition: S11: Maintaining a friendship

Supporting Definition: N/A

Inclusion Criteria: All patients

Timing: Baseline

Annually

Reporting Source: Patient-reported

Type: Single answer

Response Options: 0 = None
1 = Mild
2 = Moderate
3 = Severe
4 = Extreme or cannot do

Variable ID: WHODAS_Q12

Variable: Question 12 of WHODAS 2.0

Definition: S12: Your day-to-day work?

Supporting Definition: N/A

Inclusion Criteria: All patients

Timing: Baseline

Annually

Reporting Source: Patient-reported

Type: Single answer

Response Options: 0 = None
1 = Mild
2 = Moderate
3 = Severe
4 = Extreme or cannot do

Variable ID: GLOBASSESS

Variable: Global assessment

Definition: Compared with how you were doing one year ago, would you say that now you are _____?

Supporting Definition: N/A

Inclusion Criteria: All patients

Timing: Annually

Reporting Source: Patient-reported

Type: Single answer

Response Options: 1 = Much worse

2 = A little worse
 3 = About the same
 4 = A little better
 5 = Much better

Recovery Speed & Health Sustainability

Variable ID:	ABSENT
Variable:	Disease-related absenteeism
Definition:	How many working days have you missed within the last month due to illness?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Reporting Source:	Patient-reported
Type:	Numerical value
Response Options:	Numerical value of number of days
Variable ID:	TREATWORK
Variable:	Overall success of treatment
Definition:	Has the treatment of your depression or anxiety over the last year been successful?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No 1 = Yes
Variable ID:	EPIANN
Variable:	Recurrence of depression
Definition:	Have you experienced any episodes of depression within the last year?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = I experienced no episodes 1 = I had one episode 2 = I had several episodes 3 = My symptoms of depression do not occur in episodes
Variable ID:	OUTEXPECANN
Variable:	Patient's outcome expectancy
Definition:	If you are currently undergoing therapy, how successful do you think your current therapy will be in reducing your symptoms in the future?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all successful 1 = Somewhat successful 2 = Moderately successful 3 = Very successful

Other

Variable ID:	MEDSE_Q01
Variable:	Medication side-effects
Definition:	Did you experience any side-effects from the medication?

Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Baseline
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No 1 = Yes
Variable ID:	MEDSE_Qo2
Variable:	Type of medication side-effects
Definition:	If yes, please indicate which side-effects you experienced
Supporting Definition:	N/A
Inclusion Criteria:	All patients If answered 'yes' on medication side-effects (MEDSE_Qo1)
Timing:	Baseline
Reporting Source:	Patient-reported
Type:	Multiple answer Select all that apply
Response Options:	In the case that more than one side-effect is selected, split each response with a ';' <ul style="list-style-type: none"> 1 = Weight gain 2 = Sexual dysfunction 3 = Sleep disturbances 4 = Dry mouth 5 = Drowsiness/sedation 6 = Cardiovascular side-effects (For example palpitations) 7 = Gastrointestinal side-effects (For example diarrhea, nausea, vomiting) 888 = Other (indicate what kind of side-effect)
Variable ID:	MEDSE_Qo2OTHER
Variable:	Type of medication side-effect other than those explicitly listed
Definition:	Please indicate the side-effect you have experienced
Supporting Definition:	N/A
Inclusion Criteria:	All patients If answered 'Other' on type of medication side-effects (MEDSE_Qo2)
Timing:	Baseline
Reporting Source:	Patient-reported
Type:	Free text
Response Options:	Medication side-effect
Variable ID:	MEDSE_Qo1ON
Variable:	Medication side-effects
Definition:	Did you experience any side-effects from the medication during the last two weeks?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Ongoing
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No 1 = Yes
Variable ID:	MEDSE_Qo2ON
Variable:	Type of medication side-effects
Definition:	If yes, please indicate which side-effects you experienced during the last two weeks
Supporting Definition:	N/A
Inclusion Criteria:	All patients If answered 'yes' on medication side-effects (MEDSE_Qo1)
Timing:	Ongoing
Reporting Source:	Patient-reported
Type:	Multiple answer

	Select all that apply In the case that more than one side-effect is selected, split each response with a `;`
Response Options:	1 = Weight gain 2 = Sexual dysfunction 3 = Sleep disturbances 4 = Dry mouth 5 = Drowsiness/sedation 6 = Cardiovascular side-effects (For example palpitations) 7 = Gastrointestinal side-effects (For example diarrhea, nausea, vomiting) 888 = Other (indicate what kind of side-effect)
Variable ID:	MEDSE_Qo2OTHERON
Variable:	Type of medication side-effect other than those explicitly listed
Definition:	Please indicate the side-effect you have experienced during the last two weeks
Supporting Definition:	N/A
Inclusion Criteria:	All patients If answered 'Other' on type of medication side-effects (MEDSE_Qo2)
Timing:	Ongoing
Reporting Source:	Patient-reported
Type:	Free text
Response Options:	Medication side-effect
Variable ID:	MEDSE_Qo1ANN
Variable:	Medication side-effects
Definition:	Did you experience any side-effects from the medication over the last year?
Supporting Definition:	N/A
Inclusion Criteria:	All patients
Timing:	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No 1 = Yes
Variable ID:	MEDSE_Qo2ANN
Variable:	Type of medication side-effects
Definition:	If yes, please indicate which side-effects you experienced over the last year
Supporting Definition:	N/A
Inclusion Criteria:	All patients If answered 'yes' on medication side-effects (MEDSE_Qo1)
Timing:	Annually
Reporting Source:	Patient-reported
Type:	Multiple answer Select all that apply In the case that more than one side-effect is selected, split each response with a `;`
Response Options:	1 = Weight gain 2 = Sexual dysfunction 3 = Sleep disturbances 4 = Dry mouth 5 = Drowsiness/sedation 6 = Cardiovascular side-effects (For example palpitations) 7 = Gastrointestinal side-effects (For example diarrhea, nausea, vomiting) 888 = Other (indicate what kind of side-effect)
Variable ID:	MEDSE_Qo2OTHERANN
Variable:	Type of medication side-effect other than those explicitly listed
Definition:	Please indicate the side-effect you have experienced over the last year
Supporting Definition:	N/A
Inclusion Criteria:	All patients If answered 'Other' on type of medication side-effects (MEDSE_Qo2)
Timing:	Annually
Reporting Source:	Patient-reported

Type: Free text
Response Options: Medication side-effect

Optional variables for patients with specific anxiety disorders

Variable ID:	SPIN_Qo1
Variable:	Question 1 of SPIN
Definition:	Please indicate how much the following problems have bothered you during the past week: 1: I am afraid of people in authority
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	SPIN_Qo2
Variable:	Question 2 of SPIN
Definition:	2: I am bothered by blushing in front of people
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	SPIN_Qo3
Variable:	Question 3 of SPIN
Definition:	3: Parties and social events scare me
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	SPIN_Qo4
Variable:	Question 4 of SPIN
Definition:	4: I avoid talking to people I don't know
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia

Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	SPIN_Qo5
Variable:	Question 5 of SPIN
Definition:	5: Being criticized scares me a lot
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	SPIN_Qo6
Variable:	Question 6 of SPIN
Definition:	6: Fear of embarrassment causes me to avoid doing things or speaking to people
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	SPIN_Qo7
Variable:	Question 7 of SPIN
Definition:	7: Sweating in front of people causes me distress
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	SPIN_Qo8
Variable:	Question 8 of SPIN

Definition: 8: I avoid going to parties
Supporting Definition: N/A
Inclusion Criteria: Patients with social phobia
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Somewhat
 3 = Very much
 4 = Extremely

Variable ID: SPIN_Q09
Variable: Question 9 of SPIN
Definition: 9: I avoid activities in which I am the center of attention
Supporting Definition: N/A
Inclusion Criteria: Patients with social phobia
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Somewhat
 3 = Very much
 4 = Extremely

Variable ID: SPIN_Q10
Variable: Question 10 of SPIN
Definition: 10: Talking to strangers scares me
Supporting Definition: N/A
Inclusion Criteria: Patients with social phobia
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Somewhat
 3 = Very much
 4 = Extremely

Variable ID: SPIN_Q11
Variable: Question 11 of SPIN
Definition: 11: I avoid having to give speeches
Supporting Definition: N/A
Inclusion Criteria: Patients with social phobia
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Somewhat
 3 = Very much

	4 = Extremely
Variable ID:	SPIN_Q12
Variable:	Question 12 of SPIN
Definition:	12: I would do anything to avoid being criticized
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	SPIN_Q13
Variable:	Question 13 of SPIN
Definition:	13: Heart palpitations bother me when I am around people
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	SPIN_Q14
Variable:	Question 14 of SPIN
Definition:	14: I am afraid of doing things when people might be watching
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	SPIN_Q15
Variable:	Question 15 of SPIN
Definition:	15: Being embarrassed or looking stupid is among my worst fears
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all

- 1 = A little
 2 = Somewhat
 3 = Very much
 4 = Extremely

Variable ID:	SPIN_Q16
Variable:	Question 16 of SPIN
Definition:	16: I avoid speaking to anyone in authority
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	SPIN_Q17
Variable:	Question 17 of SPIN
Definition:	17: Trembling or shaking in front of others is distressing to me
Supporting Definition:	N/A
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Somewhat 3 = Very much 4 = Extremely
Variable ID:	MI_Q01
Variable:	Question 1 of MI
Definition:	1: Please indicate the degree to which you avoid the following places or situations because of discomfort or anxiety. Rate your amount of avoidance when you are with a trusted companion and when you are alone. Do this by using the following scale. 1. Never avoid 2. Rarely avoid 3. Avoid about half the time 4. Avoid most of the time 5. Always avoid Select the number for each situation or place under both conditions: when accompanied and when alone. Leave blank those situations that do not apply to you. PLACES - Theaters - Supermarkets - Shopping malls - Classrooms - Department stores - Restaurants

- Museums
- Elevators
- Auditoriums/stadiums
- Garages
- High Places
- Please tell how high
- Enclosed spaces
- OPEN SPACES
- Outside (for example: fields, wide streets, courtyards)
- Inside (for example: large rooms, lobbies)
- RIDING IN
- Buses
- Trains
- Subways
- Airplanes
- Boats
- DRIVING OR RIDING IN A CAR
- At anytime
- On expressways
- SITUATIONS:
- Standing in lines
- Crossing bridges
- Parties or social gatherings
- Walking on the street
- Staying home alone
- Being far away from home
- Other (specify):

Supporting Definition: Each item corresponds to a separate VariableID.

Inclusion Criteria: Patients with agoraphobia

Timing: Baseline

Ongoing

Annually

Reporting Source: Patient-reported

Type: Single answer

Response Options: 0 = Not applicable (blank)

1 = Never avoid

2 = Rarely avoid

3 = Avoid about half of the time

4 = Avoid most of the time

5 = Always avoid

Variable ID: MI_Q01HIGH

Variable: Free text response to height of high places

Definition: Tell how high

Supporting Definition: N/A

Inclusion Criteria: Patients with agoraphobia

Timing: Baseline

Ongoing

Annually

Reporting Source: Patient-reported

Type: Free text

Response Options: Numerical value of height in meters

Variable ID: MI_Q01OTHER

Variable: Free text response to other place or situation avoided due to discomfort or anxiety

Definition: Specify other place or situation avoided due to discomfort or anxiety

Supporting Definition: N/A

Inclusion Criteria: Patients with agoraphobia

Timing: Baseline

	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Free text
Response Options:	Other place or situation avoided due to discomfort or anxiety
Variable ID:	MI_Qo2
Variable:	Question 2 of MI
Definition:	2: After completing the first step, indicate the 5 items with which you are most concerned. Of the items listed, these are the five situations or places where avoidance/anxiety most affects your life in a negative way
Supporting Definition:	If Other is selected, specify with free text Select all that apply Split each response with a `;
Inclusion Criteria:	Patients with agoraphobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Multiple answer
Response Options:	1 = Theaters 2 = Supermarkets 3 = Shopping malls 4 = Classrooms 5 = Department stores 6 = Restaurants 7 = Museums 8 = Elevators 9 = Auditoriums/stadiums 10 = Garages 11 = High Places 12 = Enclosed spaces 13 = Outside (for example: fields, wide streets, courtyards) 14 = Inside (for example: large rooms, lobbies) 15 = Buses 16 = Trains 17 = Subways 18 = Airplanes 19 = Boats 20 = Driving or riding in a car at anytime 21 = Driving or riding in a car on expressways 22 = Standing in lines 23 = Crossing bridges 24 = Parties or social gatherings 25 = Walking on the street 26 = Staying home alone 27 = Being far away from home 888 = Other
Variable ID:	MI_Qo3a
Variable:	Question 3a of MI
Definition:	PANIC ATTACKS 3: We define a panic attack as a high level of anxiety accompanied by strong body reactions (heart palpitations, sweating, muscle tremors, dizziness, nausea) with the temporary loss of the ability to plan, think, or reason and the intense desire to escape or flee the situation (Note: this is different from high anxiety or fear alone). Please indicate the number of panic attacks you have had in the past 7 days.
Supporting Definition:	N/A

Inclusion Criteria:	Patients with agoraphobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Numerical value
Response Options:	Numerical value of number of panic attacks
Variable ID:	MI_Qo3b
Variable:	Question 3b of MI
Definition:	How severe or intense have the panic attacks been?
Supporting Definition:	N/A
Inclusion Criteria:	Patients with agoraphobia
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	1 = Very mild 2 = Mild 3 = Moderately 4 = Very 5 = Extremely
Variable ID:	MI_Qo4a
Variable:	Question 4a of MI
Definition:	4: Many people are able to travel alone freely in the area (usually around their home) called their safety zone. Do you have such a zone? If yes, please describe: a. Its location
Supporting Definition:	N/A
Inclusion Criteria:	Patients with agoraphobia If answered 'yes' on symptoms of agoraphobia (MI_Qo5)
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Free text
Response Options:	Description of location with free text
Variable ID:	MI_Qo4b
Variable:	Question 4b of MI
Definition:	b. Its size (e.g. radius from home)
Supporting Definition:	N/A
Inclusion Criteria:	Patients with agoraphobia If answered 'yes' on symptoms of agoraphobia (MI_Qo5)
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Numerical value
Response Options:	Numerical value of size
Variable ID:	IESR_Qo1
Variable:	Question 1 of IESR
Definition:	Below is a list of difficulties people sometimes have after stressful life events. Please read each item, and then indicate how distressing each difficulty has been for you DURING THE PAST SEVEN DAYS with respect to the event you experienced. How much were you distressed or bothered by these difficulties? 1: Any reminder brought back feelings about it
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder

Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q02
Variable:	Question 2 of IESR
Definition:	2: I had trouble staying asleep
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q03
Variable:	Question 3 of IESR
Definition:	3: Other things kept making me think about it
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q04
Variable:	Question 4 of IESR
Definition:	4: I felt irritable and angry
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q05
Variable:	Question 5 of IESR

Definition:	5: I avoided letting myself get upset when I thought about it or was reminded of it
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
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Variable ID:	IESR_Qo6
Variable:	Question 6 of IESR
Definition:	6: I thought about it when I didn't mean to
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
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Variable ID:	IESR_Qo7
Variable:	Question 7 of IESR
Definition:	7: I felt as if it hadn't happened or wasn't real
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
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Variable ID:	IESR_Qo8
Variable:	Question 8 of IESR
Definition:	8: I stayed away from reminders about it
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit

	4 = Extremely
Variable ID:	IESR_Q09
Variable:	Question 9 of IESR
Definition:	9: Images of it popped into my mind
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q10
Variable:	Question 10 of IESR
Definition:	10: I was jumpy and easily startled
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q11
Variable:	Question 11 of IESR
Definition:	11: I tried not to think about it
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q12
Variable:	Question 12 of IESR
Definition:	12: I was aware that I still had a lot of feelings about it, but I didn't deal with them
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all

1 = A little bit
 2 = Moderately
 3 = Quite a bit
 4 = Extremely

Variable ID:	IESR_Q13
Variable:	Question 13 of IESR
Definition:	13: My feelings about it were kind of number
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q14
Variable:	Question 14 of IESR
Definition:	14: I found myself acting or feeling as though I was back at that time
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q15
Variable:	Question 15 of IESR
Definition:	15: I had trouble falling asleep
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q16
Variable:	Question 16 of IESR
Definition:	16: I had waves of strong feelings about it
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually

Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q17
Variable:	Question 17 of IESR
Definition:	17: I tried to remove it from my memory
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q18
Variable:	Question 18 of IESR
Definition:	18: I had trouble concentrating
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q19
Variable:	Question 19 of IESR
Definition:	19: Reminders of the event caused physical reactions such as sweating, difficulty in breathing, nausea, or palpitations
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q20
Variable:	Question 20 of IESR
Definition:	20: I had dreams about it
Supporting Definition:	N/A

Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q21
Variable:	Question 21 of IESR
Definition:	21: I felt watchful or on-guard
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q22
Variable:	Question 22 of IESR
Definition:	22: I tried not to talk about it
Supporting Definition:	N/A
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	PDSSSR_Q01
Variable:	Question 1 of PDSSSR
Definition:	Several of the following questions refer to panic attacks and limited symptom attacks. For this questionnaire we define a panic attack as a sudden rush of fear or discomfort accompanied by at least 4 of the symptoms listed below. In order to qualify as a sudden rush, the symptoms must peak within 10 minutes. Episodes like panic attacks but having fewer than 4 of the listed symptoms are called limited symptom attacks. Here are the symptoms to count: Rapid or pounding heartbeat, sweating, trembling or shaking, breathlessness, feeling of choking, chest pain or discomfort, nausea, dizziness or faintness, feelings of unreality, numbness or tingling, chills or hot flushes, fear of losing control or going crazy, and fear of dying. 1: How many panic and limited symptom attacks did you have during the week?
Supporting Definition:	N/A
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline Ongoing

Reporting Source:	Annually
Type:	Patient-reported
Response Options:	Single answer
	0 = No panic or limited symptom episodes
	1 = Mild: no full panic attacks and no more than 1 limited symptom attack/day
	2 = Moderate: 1 or 2 full panic attacks and/or multiple limited symptom attacks/day
	3 = Severe: more than 2 full attacks but not more than 1/day on average
	4 = Extreme: full panic attacks occurred more than once a day, more days than not
Variable ID:	PDSSSR_Qo2
Variable:	Question 2 of PDSSSR
Definition:	2: If you had any panic attacks during the past week, how distressing (uncomfortable, frightening) were they while they were happening? (If you had more than one, give an average rating. If you didn't have any panic attacks but did have limited symptom attacks, answer for the limited symptom attacks)
Supporting Definition:	N/A
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all distressing, or no panic or limited symptom attacks during the past week
	1 = Mildly distressing (not too intense)
	2 = Moderately distressing (intense, but still manageable)
	3 = Severely distressing (very intense)
	4 = Extremely distressing (extreme distress during all attacks)
Variable ID:	PDSSSR_Qo3
Variable:	Question 3 of PDSSSR
Definition:	3: During the past week, how much have you worried or felt anxious about when your next panic attack would occur or about fears related to the attacks (for example, that they could mean you have physical or mental health problems or could cause you social embarrassment)?
Supporting Definition:	N/A
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all
	1 = Occasionally or only mildly
	2 = Frequently or moderately
	3 = Very often or to a very disturbing degree
	4 = Nearly constantly and to a disabling extent
Variable ID:	PDSSSR_Qo4
Variable:	Question 4 of PDSSSR
Definition:	4: During the past week were there any places or situations (e.g., public transportation, movie theatres, crowds, bridges, tunnels, shopping malls, being alone) you avoided, or felt afraid of (uncomfortable in, wanted to avoid or leave), because of fear of having a panic attack? Are there any other situations that you would have avoided or been afraid of if they had come up during the week, for the same reason? If yes to either question, please rate your level of fear and avoidance this past week
Supporting Definition:	N/A
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline

	Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = None: no fear or avoidance 1 = Mild: occasional fear and/or avoidance but I could usually confront or endure the situation. There was little or no modification of my lifestyle due to this 2 = Moderate: noticeable fear and/or avoidance but still manageable. I avoided some situations, but I could confront them with a companion. There was some modification of my lifestyle because of this, but my overall functioning was not impaired 3 = Severe: extensive avoidance. Substantial modification of my lifestyle was required to accommodate the avoidance making it difficult to manage usual activities 4 = Extreme: pervasive disabling fear and/or avoidance. Extensive modification in my lifestyle was required such that important tasks were not performed
Variable ID:	PDSSSR_Qo5
Variable:	Question 5 of PDSSSR
Definition:	5: During the past week, were there any activities (e.g., physical exertion, sexual relations, taking a hot shower or bath, drinking coffee, watching an exciting or scary movie) that you avoided, or felt afraid of (uncomfortable doing, wanted to avoid or stop), because they caused physical sensations like those you feel during panic attacks or that you were afraid might trigger a panic attack? Are there any other activities that you would have avoided or been afraid of if they had come up during the week for that reason? If yes to either question, please rate your level of fear and avoidance of those activities this past week
Supporting Definition:	N/A
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No fear or avoidance of situations or activities because of distressing physical sensations 1 = Mild: occasional fear and/or avoidance, but usually I could confront or endure with little distress activities that cause physical sensations. There was little modification of my lifestyle due to this 2 = Moderate: noticeable avoidance but still manageable. There was definite, but limited, modification of my lifestyle such that my overall functioning was not impaired 3 = Severe: extensive avoidance. There was substantial modification of my lifestyle or interference in my functioning 4 = Extreme: pervasive and disabling avoidance. There was extensive modification in my lifestyle due to this such that important tasks or activities were not performed
Variable ID:	PDSSSR_Qo6
Variable:	Question 6 of PDSSSR
Definition:	6: During the past week, how much did the above symptoms altogether (panic and limited symptom attacks, worry about attacks, and fear of situations and activities because of attacks) interfere with your ability to work or carry out your responsibilities at home? (If your work or home responsibilities were less than usual this past week, answer how you think you would have done if the responsibilities had been usual)
Supporting Definition:	N/A
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline Ongoing

Reporting Source:	Annually
Type:	Patient-reported
Response Options:	Single answer
	0 = No interference with work or home responsibilities
	1 = Slight interference with work or home responsibilities, but I could do nearly everything I could if I didn't have these problems
	2 = Significant interference with work or home responsibilities, but I still could manage to do the things I needed to do
	3 = Substantial impairment in work or home responsibilities; there were many important things I couldn't do because of these problems
	4 = Extreme, incapacitating impairment such that I was essentially unable to manage any work or home responsibilities
Variable ID:	PDSSSR_Qo7
Variable:	Question 7 of PDSSSR
Definition:	7: During the past week, how much did panic and limited symptom attacks, worry about attacks and fear of situations and activities because of attacks interfere with your social life? (If you didn't have many opportunities to socialize this past week, answer how you think you would have done if you did have opportunities)
Supporting Definition:	N/A
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = No interference
	1 = Slight interference with social activities, but I could do nearly everything I could if I didn't have these problems
	2 = Significant interference with social activities but I could manage to do most things if I made the effort
	3 = Substantial impairment in social activities; there are many social things I couldn't do because of these problems
	4 = Extreme, incapacitating impairment, such that there was hardly anything social I could do
Variable ID:	OCI_Qo1
Variable:	Question 1 of OCI
Definition:	Please read each statement and select a number 0, 1, 2, 3 or 4 that best describes how much that experience has distressed or bothered you during the past month. There are no right or wrong answers. Do not spend too much time on any one statement. This assessment is not intended to be a diagnosis. If you are concerned about your results in any way, please speak with a health professional.
	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
	1: Unpleasant thoughts come into my mind against my will and I cannot get rid of them
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all
	1 = A little

2 = Moderately

3 = A lot

4 = Extremely

Variable ID: OCI_Qo2**Variable:** Question 2 of OCI**Definition:** 2: I think contact with bodily secretions (sweat, saliva, blood, urine, etc.) may contaminate my clothes or somehow harm me**Supporting Definition:** N/A**Inclusion Criteria:** Patients with obsessive-compulsive disorder**Timing:** Baseline

Ongoing

Annually

Reporting Source: Patient-reported**Type:** Single answer**Response Options:** 0 = Not at all

1 = A little

2 = Moderately

3 = A lot

4 = Extremely

Variable ID: OCI_Qo3**Variable:** Question 3 of OCI**Definition:** 3: I ask people to repeat things to me several times, even though I understood them the first time**Supporting Definition:** N/A**Inclusion Criteria:** Patients with obsessive-compulsive disorder**Timing:** Baseline

Ongoing

Annually

Reporting Source: Patient-reported**Type:** Single answer**Response Options:** 0 = Not at all

1 = A little

2 = Moderately

3 = A lot

4 = Extremely

Variable ID: OCI_Qo4**Variable:** Question 4 of OCI**Definition:** 4: I wash and clean obsessively**Supporting Definition:** N/A**Inclusion Criteria:** Patients with obsessive-compulsive disorder**Timing:** Baseline

Ongoing

Annually

Reporting Source: Patient-reported**Type:** Single answer**Response Options:** 0 = Not at all

1 = A little

2 = Moderately

3 = A lot

4 = Extremely

Variable ID: OCI_Qo5**Variable:** Question 5 of OCI**Definition:** 5: I have to review mentally past events, conversations and actions to make sure that I didn't do something wrong**Supporting Definition:** N/A**Inclusion Criteria:** Patients with obsessive-compulsive disorder**Timing:** Baseline

	Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Qo6
Variable:	Question 6 of OCI
Definition:	6: I have saved up so many things that they get in the way
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Qo7
Variable:	Question 7 of OCI
Definition:	7: I check things more often than necessary
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Qo8
Variable:	Question 8 of OCI
Definition:	8: I avoid using public toilets because I am afraid of disease or contamination
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Qo9
Variable:	Question 9 of OCI
Definition:	9: I repeatedly check doors, windows, drawers etc.

Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q10
Variable:	Question 10 of OCI
Definition:	10: I repeatedly check gas/water taps/light switches after turning them off
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q11
Variable:	Question 11 of OCI
Definition:	11: I collect things I don't need
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q12
Variable:	Question 12 of OCI
Definition:	12: I have thoughts of having hurt someone without knowing it
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely

Variable ID:	OCI_Q13
Variable:	Question 13 of OCI
Definition:	13: I have thoughts that I might want to harm myself or others
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q14
Variable:	Question 14 of OCI
Definition:	14: I get upset if objects are not arranged properly
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q15
Variable:	Question 15 of OCI
Definition:	15: I feel obliged to follow a particular order in dressing, undressing and washing myself
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q16
Variable:	Question 16 of OCI
Definition:	16: I feel compelled to count while I'm doing thing
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all

1 = A little
2 = Moderately
3 = A lot
4 = Extremely

Variable ID:	OCI_Q17
Variable:	Question 17 of OCI
Definition:	17: I am afraid of impulsively doing embarrassing or harmful things
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q18
Variable:	Question 18 of OCI
Definition:	18: I need to pray to cancel bad thoughts or feelings
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q19
Variable:	Question 19 of OCI
Definition:	19: I keep on checking forms or other things I have written
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q20
Variable:	Question 20 of OCI
Definition:	20: I get upset at the sight of knives, scissors or other sharp objects in case I lose control with them
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing

Reporting Source:	Annually
Type:	Patient-reported
Response Options:	Single answer
	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q21
Variable:	Question 21 of OCI
Definition:	21: I am obsessively concerned about cleanliness
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q22
Variable:	Question 22 of OCI
Definition:	22: I find it difficult to touch an object when I know it has been touched by strangers or certain people
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q23
Variable:	Question 23 of OCI
Definition:	23: I need things to be arranged in a particular order
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q24
Variable:	Question 24 of OCI
Definition:	24: I get behind in my work because I repeat things over and over again

Supporting Definition: N/A
Inclusion Criteria: Patients with obsessive-compulsive disorder
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Moderately
 3 = A lot
 4 = Extremely

Variable ID: OCI_Q25
Variable: Question 25 of OCI
Definition: 25: I feel I have to repeat certain numbers
Supporting Definition: N/A
Inclusion Criteria: Patients with obsessive-compulsive disorder
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Moderately
 3 = A lot
 4 = Extremely

Variable ID: OCI_Q26
Variable: Question 26 of OCI
Definition: 26: After doing something carefully, I still have the impression I haven't finished it
Supporting Definition: N/A
Inclusion Criteria: Patients with obsessive-compulsive disorder
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Moderately
 3 = A lot
 4 = Extremely

Variable ID: OCI_Q27
Variable: Question 27 of OCI
Definition: 27: I find it difficult to touch rubbish or dirty things
Supporting Definition: N/A
Inclusion Criteria: Patients with obsessive-compulsive disorder
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Moderately
 3 = A lot
 4 = Extremely

Variable ID:	OCI_Q28
Variable:	Question 28 of OCI
Definition:	28: I find it difficult to control my thoughts
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q29
Variable:	Question 29 of OCI
Definition:	29: I have to do things over and over again until it feels right
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q30
Variable:	Question 30 of OCI
Definition:	30: I am upset by unpleasant thoughts that come into my mind against my will
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q31
Variable:	Question 31 of OCI
Definition:	31: Before going to sleep I have to do certain things in a certain way
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little

2 = Moderately

3 = A lot

4 = Extremely

Variable ID:	OCI_Q32
Variable:	Question 32 of OCI
Definition:	32: I go back to places to make sure that I have not harmed anyone
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely

Variable ID:	OCI_Q33
Variable:	Question 33 of OCI
Definition:	33: I frequently get nasty thoughts and have difficulty getting rid of them
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely

Variable ID:	OCI_Q34
Variable:	Question 34 of OCI
Definition:	34: I avoid throwing things away because I am afraid I might need them later
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely

Variable ID:	OCI_Q35
Variable:	Question 35 of OCI
Definition:	35: I get upset if others have changed the way I have arranged my things
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported

Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q36
Variable:	Question 36 of OCI
Definition:	36: I feel that I must repeat certain words or phrases in my mind I order to wipe out bad thoughts, feelings or actions
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q37
Variable:	Question 37 of OCI
Definition:	37: After I have done things, I have persistent doubts about whether I really did them
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q38
Variable:	Question 38 of OCI
Definition:	38: I sometimes have to wash or clean myself simply because I feel contaminated
Supporting Definition:	N/A
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Reporting Source:	Patient-reported
Type:	Single answer
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q39
Variable:	Question 39 of OCI
Definition:	39: I feel that there are good and bad numbers
Supporting Definition:	N/A

Inclusion Criteria: Patients with obsessive-compulsive disorder
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Moderately
 3 = A lot
 4 = Extremely

Variable ID: OCI_Q40
Variable: Question 40 of OCI
Definition: 40: I repeatedly check anything that might cause a fire
Supporting Definition: N/A
Inclusion Criteria: Patients with obsessive-compulsive disorder
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Moderately
 3 = A lot
 4 = Extremely

Variable ID: OCI_Q41
Variable: Question 41 of OCI
Definition: 41: Even when I do something very carefully I feel that it is not quite right
Supporting Definition: N/A
Inclusion Criteria: Patients with obsessive-compulsive disorder
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Moderately
 3 = A lot
 4 = Extremely

Variable ID: OCI_Q42
Variable: Question 42 of OCI
Definition: 42: I wash my hands more often, or for longer than necessary
Supporting Definition: N/A
Inclusion Criteria: Patients with obsessive-compulsive disorder
Timing: Baseline
 Ongoing
 Annually
Reporting Source: Patient-reported
Type: Single answer
Response Options: 0 = Not at all
 1 = A little
 2 = Moderately
 3 = A lot
 4 = Extremely

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Reference Guide Revisions

Reference Guide Version	Location within Reference Guide	Content Change
2.1	Case-Mix Variables Table	Removed additional explanatory information
2.2	Collecting Case-Mix Variables and Outcomes	Removed information about the Credibility and Expectancy Questionnaire (CEQ)
2.3	Outcomes Table and Data Dictionary	SPIN, MIA, IESR, PDSS-SR and OCI-R surveys made optional for patients with specific anxiety disorders
2.3.1	Contact Information	Removed inactive email address: ichomteam@ichom.org
2.3.2	Collecting Case-Mix Variables and Outcomes	Specified to use the 12-item Instrument for WHODAS 2.0.

