



# ICHOM

International Consortium for  
Health Outcomes Measurement

## INFLAMMATORY ARTHRITIS DATA COLLECTION REFERENCE GUIDE

Version 1.0.0  
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Measuring  
results  
that matter

Inflammatory  
Arthritis



We are thrilled that you are interested in measuring outcomes for your patients with inflammatory arthritis according to ICHOM standards. It is our hope that this Reference Guide will facilitate the process of implementing our Standard Set and ensure collection of comparable data for global benchmarking and learning.

# Introducing ICHOM and the Reference Guide

ICHOM brings together patient representatives, clinician leaders, and registry leaders from all over the world to develop Standard Sets, comprehensive yet parsimonious sets of outcomes and case-mix variables we recommend all providers track.

Each Standard Set focuses on patient-centered outcomes, and provides an internationally-agreed upon method for measuring each of these outcomes. We do this because we believe that standardised outcomes measurement will open up new possibilities to compare performance globally, allow clinicians to learn from each other, and rapidly improve the care we provide our patients.

Our Standard Sets include initial conditions and risk factors to enable meaningful case-mix adjustment globally, ensuring that comparisons of outcomes will take into account the differences in patient populations across not just providers, but also countries and regions. A comprehensive data dictionary, as well as scoring guides for patient-reported outcomes is included in the appendix.

Our aim is to make Standard Sets freely accessible to healthcare institutions worldwide to begin measuring, and ultimately benchmark the outcomes they achieve. In order to have a guide from which we can benchmark outcomes, we require feedback from initial implementation efforts. As such, this Reference Guide may undergo revisions on a regular basis. If you have any suggestions or would like to provide feedback, please contact [implement@ichom.org](mailto:implement@ichom.org)

## Working Group Members for Inflammatory Arthritis

The following individuals dedicated both time and expertise to develop the ICHOM Standard Set for Inflammatory Arthritis in partnership with ICHOM, under the leadership of Prof. Mart van de Laar and Dr. Harald Vonkeman, Rheumatologists at the University of Twente, Netherlands.

### **Argentina**

Enrique Soriano

### **Brazil**

Geraldo Pinheiro

### **France**

Laure Gossec

### **Hong Kong**

Jeffrey Chau

### **Israel**

Merav Lidar

### **Netherlands**

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### **New Zealand**

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### **South Africa**

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Sofia Ernestam

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### **United Kingdom**

Benjamin Ellis

Mwidi Ndosi

Zofia Das-Gupta

### **United States**

Christine Hale

Jeffrey Curtis

Jennifer Horonjeff

Kaleb Michaud

Philip Mease

# Supporting Organisations

The Inflammatory Arthritis Standard Set is made possible only through the support of the following organisations.

Thank you.



## Conditions and Treatment Approaches Covered for Inflammatory Arthritis

All treatment options and the following conditions are covered by our Standard Set.

Conditions	Rheumatoid Arthritis   Psoriatic Arthritis Ankylosing Spondylitis   Juvenile Idiopathic Arthritis
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# ICHOM Standard Set for Inflammatory Arthritis Overview

## Case-Mix Variables

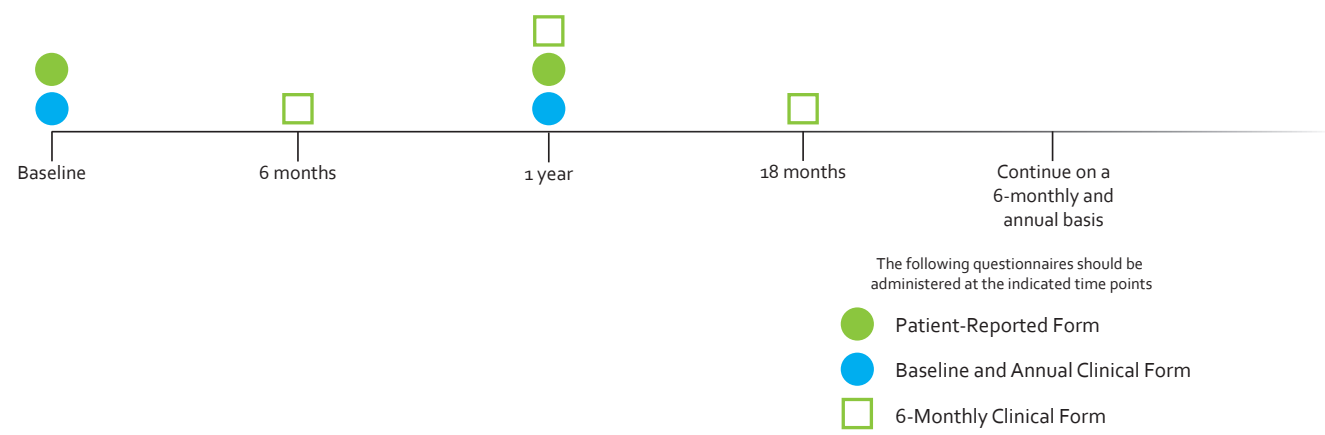
Patient Population	Measure	Supporting Information	Timing	Data Source
Demographic Factors				
All patients	Age	Age in years	Baseline	Patient-reported
	Sex	Sex at birth		
	Education level	Highest attained education		
Baseline Clinical Status				
All patients	Smoking	N/A	Baseline	Patient-reported
Baseline Clinical Status				
All patients	Comorbidities	N/A	Baseline	Clinical
	Physician-reported inflammatory arthritis diagnosis		Baseline and annually	
	Disease duration		Baseline	
RA & JIA patients	Immunological	Rheumatoid factor and ACPA	Baseline	Clinical or Administrative data

## Outcomes overview

Outcomes Overview				
Patient Population	Measure	Supporting Information	Timing	Data Source
Patient-Reported Outcomes				
All patients	Pain	Measured on a standardised reporting metric	Baseline and annually	Patient-reported
	Fatigue			
	Activity limitation			
	Overall emotional and physical health impact			
	Work/school/ housework ability and productivity	Tracked via WPAI tool		
Treatment-Specific				
All patients	Serious adverse events	Categorised by FDA guidelines	Baseline and annually	Clinical
	Response/ remission	Achievement of treatment target		
	Inflammatory disease activity	N/A	Baseline and 6-monthly if disease is active; Baseline and annually if in remission	

# Follow-Up Timeline and Sample Questionnaires

The following timeline illustrates when Standard Set variables should be collected from patients, clinicians, and administrative sources. Links to the sample questionnaires may be found in the legend below.





# Collecting Patient-Reported Outcome Measures

The ICHOM inflammatory arthritis working group recommends that each of the patient-reported outcome domains listed in the table below are measured using one PROM tool per outcome domain. For each of the PROM outcome domains included in the ICHOM inflammatory arthritis Standard Set, users can choose one instrument from the selection of PROMs listed in the table below. Scores on these instruments have been linked to a standardised reporting metric, so that outcomes can be compared between users of the set that have chosen to use a different instrument with their patients. To obtain linked scores, visit: <http://tihealthcare.nl/en/expertise/common-metrics>

Patient-reported outcome domain	Inflammatory arthritis survey used	Population	Licensing Information	Link to questionnaire
Pain	Numerical rating scale	Adult/paediatric	Free	Refer to Reference Guide Appendix
	Visual analogue scale			
	SF-36 bodily pain	Adult	Licensing fee may apply	<a href="http://bit.ly/RSF-36">http://bit.ly/RSF-36</a>
	RAND bodily pain		Free	
	PROMIS pain interference		Use of short form is free	
	PedsQL 3.0 Arthritis module pain and hurt	Paediatric	Licensing fee applies, Free for non-funded academic research	<a href="http://bit.ly/PedsAM">http://bit.ly/PedsAM</a>
Fatigue	Numerical rating scale	Adult/paediatric	Free	Refer to Reference Guide Appendix
	Visual analogue scale			
	FACIT-F	Adult	Free for English version	<a href="http://bit.ly/FACIT-F">http://bit.ly/FACIT-F</a>
	BRAF-MDQ		Free	<a href="http://bit.ly/BRAFIA">http://bit.ly/BRAFIA</a>
	PROMIS fatigue		Use of short form is free	<a href="http://bit.ly/PAFatigue">http://bit.ly/PAFatigue</a>
	PedsQL4.0 SF 15 Generic Core Scales Fatigue	Paediatric	Licensing fee applies <a href="http://bit.ly/">http://bit.ly/</a>	<a href="http://bit.ly/PedsQLFatigue">http://bit.ly/PedsQLFatigue</a>
Activity limitation	HAQ-II	Adult	Free	<a href="http://bit.ly/HAQIIIA">http://bit.ly/HAQIIIA</a>
	HAQ-DI			<a href="http://bit.ly/HAQ-DI">http://bit.ly/HAQ-DI</a>
	MD-HAQ			<a href="http://bit.ly/IAMDHAQ">http://bit.ly/IAMDHAQ</a>
	PROMIS Physical Function	Paediatric	Use of short form is free	<a href="http://bit.ly/PFAdult">http://bit.ly/PFAdult</a>
	BASFI		Free	<a href="http://bit.ly/IABASFI">http://bit.ly/IABASFI</a>
	C-HAQ			<a href="http://bit.ly/C-HAQ">http://bit.ly/C-HAQ</a>
Overall emotional and physical health impact	JAMAR	Adult/paediatric	Free	<a href="http://bit.ly/JAMAR">http://bit.ly/JAMAR</a>
	Numerical rating scale			Refer to Reference Guide Appendix
	Visual analogue scale			
	EQ-5D-5L	Adult	Licensing fee may apply	<a href="http://bit.ly/EQ5D5L">http://bit.ly/EQ5D5L</a>
	SF-6D		Free	<a href="http://bit.ly/SF-6D">http://bit.ly/SF-6D</a>
	RAID			<a href="http://bit.ly/RAIDIA">http://bit.ly/RAIDIA</a>
	PSAID	Paediatric	Free	<a href="http://bit.ly/PSAIDCP">http://bit.ly/PSAIDCP</a>
Work/school/housework ability and productivity	CIHQ			<a href="http://bit.ly/RAWPAI">http://bit.ly/RAWPAI</a>
	WPAI	Adult	Free	
	PedsQL4.0 SF 15 Generic Core Scales School Functioning	Paediatric	Licensing fee may apply	<a href="http://bit.ly/PedsQOL">http://bit.ly/PedsQOL</a>

# The Growing ICHOM Community

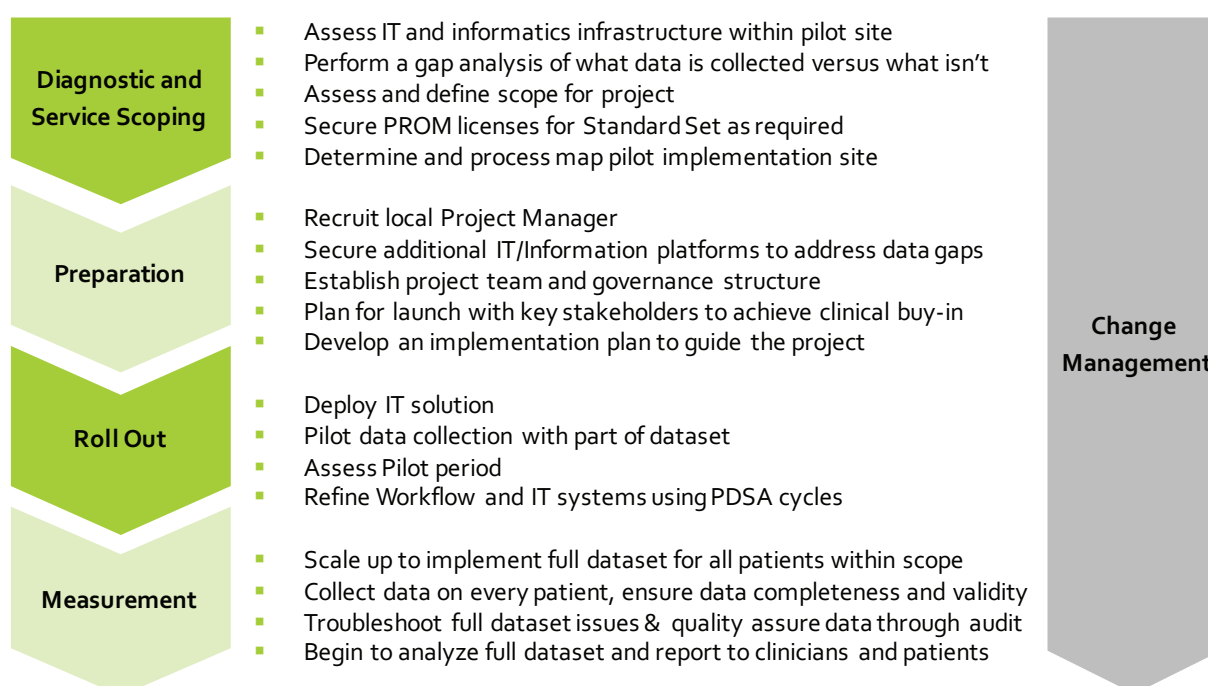


International Consortium for  
Health Outcomes Measurement

There is a growing community of healthcare providers implementing the ICHOM Standard Sets. To support your organisation in implementing the set and the measurement of outcomes data, we have outlined a framework to guide the implementation and reporting of patient-centered outcomes. For further information or to enquire about Implementation support offered by ICHOM, please contact the Implementation team: [implement@ichom.org](mailto:implement@ichom.org)

## Implementation framework:

The framework below, outlines the structured process to guide the implementation of an ICHOM Standard Set at your organisation. Typically an implementation project takes 9 months to complete.



## ICHOM is also able to support organisations with a variety of support models:

1. Capacity building – direct advisory support
2. Community models – supporting a community of providers in outcomes adoption and innovation
3. Education – workshops and short courses regarding Value Based Healthcare and implementation skills



### Translating the Set Tools:

PROMs within the ICHOM Sets are available in a number of languages. To check the availability of translations, we advise contacting the Tool authors directly to obtain and translate the PROM surveys into your desired language. To independently translate PROM surveys, we recommend following the 10 steps outlined below:<sup>\*1</sup>

<b>Step 1</b>	Preparation	Initial work carried out before the translation work begins
<b>Step 2</b>	Forward Translation	Translation of the original language, also called source, version of the instrument into another language, often called the target language
<b>Step 3</b>	Reconciliation	Comparing and merging more than one forward translation into a single forward translation
<b>Step 4</b>	Back Translation	Translation of the new language version back into the original language
<b>Step 5</b>	Back Translation Review	Comparison of the back-translated versions of the instrument with the original to highlight and investigate discrepancies between the original and the reconciled translation, which is then revised in the process of resolving the issues
<b>Step 6</b>	Harmonization	Comparison of back translations of multiple language versions with each other and the original instrument to highlight discrepancies between the original and its derivative translations, as well as to achieve a consistent approach to translation problems
<b>Step 7</b>	Cognitive Debriefing	Testing the instrument on a small group of relevant patients or lay people in order to test alternative wording and to check understandability, interpretation, and cultural relevance of the translation
<b>Step 8</b>	Review of Cognitive Debriefing Results and Finalisation	Comparison of the patients' or lay persons' interpretation of the translation with the original version to highlight and amend discrepancies
<b>Step 9</b>	Proofreading	Final review of the translation to highlight and correct any typographic, grammatical or other errors
<b>Step 10</b>	Final Report	Report written at the end of the process documenting the development of each translation

\*These ten steps follow the ISPOR Principles of Good Practice: The Cross-Cultural Adaptation Process for Patient-Reported Outcomes Measures<sup>1</sup>

<sup>1</sup> Wild, D., Grove, A., Martin, M., Eremenco, S., McElroy, S., Verjee-Lorenz, A., et al. (2005). Principles of good practice for the translation and cultural adaptation process for patient-reported outcomes (PRO) measures: Report of the ISPOR task force for translation and cultural adaptation. *Value in Health*, 8(2), 94–104. doi:10.1111/j.1524-4733.2005.04054.x.

For any questions about implementation please contact us at: [implement@ichom.org](mailto:implement@ichom.org)



# Introduction to the Data Dictionary

This data dictionary is designed to help you measure the ICHOM Inflammatory Arthritis Standard Set as consistently as possible to the Working Group recommendation. ICHOM is actively preparing for benchmarking efforts based on this data, and all data submitted for comparisons will need to be transformed into the following data structure if not already structured as such. **We are happy to provide an Excel version of this data dictionary for technical use.**

Please timestamp all variables. Some Standard Set variables are collected at multiple timepoints, and we will ask you to submit these variables in a concatenated VARIABLEID\_TIMESTAMP form for future analyses. For example, VARIABLEID\_BASE (baseline); VARIABLEID\_6MO (6 month follow-up); VARIABLEID\_1YR (1 year follow-up), etc.

## Case-Mix Variables

CASE-MIX VARIABLES

<b>Variable ID:</b>	N/A
<b>Variable:</b>	Patient ID
<b>Definition:</b>	Indicate the patient's medical record number
<b>Supporting Definition:</b>	This number will not be shared with ICHOM. In the case patient-level data is submitted to ICHOM for benchmarking or research purposes, a separate ICHOM Patient Identifier will be created and cross-linking between the ICHOM Patient Identifier and the medical record number will only be known at the treating institution
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	On all forms
<b>Data Source:</b>	Administrative or clinical
<b>Type:</b>	Numerical
<b>Response Options:</b>	According to institution

## Demographic Factors

<b>Variable ID:</b>	AGE
<b>Variable:</b>	Age
<b>Definition:</b>	Indicate the patient's age
<b>Supporting Definition:</b>	Recorded as year of birth
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Date by YYYY
<b>Response Options:</b>	YYYY
<b>Variable ID:</b>	SEX
<b>Variable:</b>	Sex at birth
<b>Definition:</b>	Indicate the patient's sex at birth
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	1 = Male 2 = Female 999 = Unknown
<b>Variable ID:</b>	SOCIO
<b>Variable:</b>	Education level
<b>Definition:</b>	Highest attained education
<b>Supporting Definition:</b>	Level of schooling defined in each country according to the International Standard Classification of Education
<b>Inclusion Criteria:</b>	All patients

**Timing:** Baseline and ongoing  
**Data Source:** Patient-reported  
**Type:** Single answer  
**Response Options:** 0 = None  
 1 = Primary  
 2 = Secondary  
 3 = Tertiary

## Baseline Characteristics

**Variable ID:** SMOKING  
**Variable:** Smoking status  
**Definition:** Indicate the patient's category  
**Supporting Definition:** N/A  
**Inclusion Criteria:** All patients  
**Timing:** Baseline  
**Data Source:** Patient-reported  
**Type:** Single answer  
**Response Options:** 0 = Never  
 1 = Former  
 2 = Current

## Baseline Condition Factors

**Variable ID:** BASEHBP  
**Variable:** High blood pressure  
**Definition:** Indicate whether the patient has hypertension and/or uses antihypertensive medication  
**Supporting Definition:** N/A  
**Inclusion Criteria:** All patients  
**Timing:** Baseline  
**Data Source:** Clinician  
**Type:** Single answer  
**Response Options:** 0 = No  
 1 = Yes  
 999 = Unknown

**Variable ID:** BASEAMI  
**Variable:** Myocardial infarction  
**Definition:** Indicate whether the patient has had a myocardial infarction  
**Supporting Definition:** N/A  
**Inclusion Criteria:** All patients  
**Timing:** Baseline  
**Data Source:** Clinician  
**Type:** Single answer  
**Response Options:** 0 = No  
 1 = Yes  
 999 = Unknown

**Variable ID:** BASESTR  
**Variable:** Stroke (excluding transient ischemic attacks)  
**Definition:** Indicate whether the patient has had a stroke (excluding transient ischemic attacks)  
**Supporting Definition:** N/A  
**Inclusion Criteria:** All patients  
**Timing:** Baseline  
**Data Source:** Clinician  
**Type:** Single answer  
**Response Options:** 0 = No  
 1 = Yes

	999 = Unknown
<b>Variable ID:</b>	BASEOHD
<b>Variable:</b>	Other heart disease
<b>Definition:</b>	Indicate whether the patient has any other heart disease
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Yes 999 = Unknown
<b>Variable ID:</b>	BASECLD
<b>Variable:</b>	Chronic lung disease
<b>Definition:</b>	Indicate whether the patient has chronic lung disease
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Yes 999 = Unknown
<b>Variable ID:</b>	BASEDM
<b>Variable:</b>	Diabetes mellitus
<b>Definition:</b>	Indicate whether the patient has diabetes mellitus
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Diabetes mellitus type 1 2 = Diabetes mellitus type 2 999 = Unknown
<b>Variable ID:</b>	BASEMALIG
<b>Variable:</b>	Malignancies
<b>Definition:</b>	Indicate whether the patient has any malignancies
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Yes 999 = Unknown
<b>Variable ID:</b>	BASEDEP
<b>Variable:</b>	Depression
<b>Definition:</b>	Indicate whether the patient has depression
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Yes 999 = Unknown

<b>Variable ID:</b>	BASEFRAC
<b>Variable:</b>	Fracture
<b>Definition:</b>	Indicate whether the patient has a fracture
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Yes 999 = Unknown
<b>Variable ID:</b>	BASEULCER
<b>Variable:</b>	Stomach ulcer
<b>Definition:</b>	Indicate whether the patient has stomach ulcers
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Yes 999 = Unknown
<b>Variable ID:</b>	BASESTOM
<b>Variable:</b>	Stomach problem
<b>Definition:</b>	Indicate whether the patient has stomach problems
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Yes 999 = Unknown
<b>Variable ID:</b>	BASEOB
<b>Variable:</b>	Obesity
<b>Definition:</b>	Indicate whether the patient is obese
<b>Supporting Definition:</b>	Obesity is defined as a BMI $\geq 30$
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Yes 999 = Unknown
<b>Variable ID:</b>	IA_DIAG
<b>Variable:</b>	Inflammatory arthritis diagnosis
<b>Definition:</b>	Indicate the current diagnosis/diagnoses of inflammatory arthritis
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Clinician
<b>Type:</b>	Multiple answer
<b>Response Options:</b>	1 = Rheumatoid arthritis 2 = Spondyloarthritis 3 = Psoriatic arthritis 4 = Juvenile idiopathic arthritis
<b>Variable ID:</b>	DISDUR



<b>Variable:</b>	Disease duration
<b>Definition:</b>	Indicate the year of inflammatory arthritis diagnosis
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Date by YYYY
<b>Response Options:</b>	YYYY
<b>Variable ID:</b>	IMM_RF
<b>Variable:</b>	Rheumatoid factor
<b>Definition:</b>	Indicate the presence of rheumatoid factor
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = Rheumatoid arthritis" or "4 = Juvenile idiopathic arthritis" to IA_DIAG
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = Negative 1 = Positive 999 = Unknown
<b>Variable ID:</b>	IMM_ACPA
<b>Variable:</b>	ACPA
<b>Definition:</b>	Indicate the presence of anti-citrullinated protein antibodies (ACPA)
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = Rheumatoid arthritis" or "4 = Juvenile idiopathic arthritis" to IA_DIAG
<b>Timing:</b>	Baseline
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = Negative 1 = Positive 999 = Unknown

## Outcomes

### Patient-Reported Outcomes

Questions from the PROMs below represent the shortest combination of instruments to measure in the Standard Set, according to standardised reporting metrics. For more information on using PROMs to measure patient-reported outcomes, please see page 6.

<b>Variable ID:</b>	PROMCHOICE_PAIN
<b>Variable:</b>	PROM Choice - Pain
<b>Definition:</b>	Which Patient-Reported Outcome Measure are you using to measure pain?
<b>Supporting Definition:</b>	Choose one from: Numerical Rating Scale Visual Analogue Scale SF-36 Bodily Pain PROMIS Pain Interference PedsQL Pain and Hurt
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	1 = Numerical Rating Scale 2 = Visual Analogue Scale 3 = SF-36 Bodily Pain 4 = PROMIS Pain Interference 5 = PedsQL Pain and Hurt
<b>Variable ID:</b>	PAIN_NRS
<b>Variable:</b>	Pain Numerical Rating Scale

<b>Definition:</b>	Circle the number that best describes the pain you felt due to your arthritis during the last week.
<b>Supporting Definition:</b>	0 = None 10 = Extreme
<b>Inclusion Criteria:</b>	If "1 = NRS" to PROMCHOICE_PAIN
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Numerical
<b>Response Options:</b>	Numerical value between 0 and 10
<b>Variable ID:</b>	PROMCHOICE_FAT
<b>Variable:</b>	PROM Choice - Fatigue
<b>Definition:</b>	Which Patient-Reported Outcome Measure are you using to measure fatigue?
<b>Supporting Definition:</b>	Choose one from: Numerical Rating Scale Visual Analogue Scale FACIT-F BRAf PROMIS Fatigue PedsQL4.0 Fatigue Total Score
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	1 = Numerical Rating Scale 2 = Visual Analogue Scale 3 = FACIT-F 4 = BRAf 5 = PROMIS Fatigue 6 = PedsQL4.0 Fatigue Total Score
<b>Variable ID:</b>	FATIGUE_NRS
<b>Variable:</b>	Fatigue Numerical Rating Scale
<b>Definition:</b>	Circle the number that best describes how much fatigue you felt due to your arthritis during the last week.
<b>Supporting Definition:</b>	0 = No fatigue 10 = Totally exhausted
<b>Inclusion Criteria:</b>	If "1 = NRS" to PROMCHOICE_FAT
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Numerical
<b>Response Options:</b>	Numerical value between 0 and 10
<b>Variable ID:</b>	PROMCHOICE_ACT
<b>Variable:</b>	PROM Choice - Activity limitations
<b>Definition:</b>	Which Patient-Reported Outcome Measure are you using to measure activity limitations?
<b>Supporting Definition:</b>	Choose one from: HAQ-II HAQ-DI MHAQ MD-HAQ PROMIS Physical Function BASFI C-HAQ JAMAR
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer

**Response Options:** 1 = HAQ-II  
 2 = HAQ-DI  
 3 = MHAQ  
 4 = MD-HAQ  
 5 = PROMIS Physical Function  
 6 = BASFI  
 7 = C-HAQ  
 8 = JAMAR

---

**Variable ID:** HAQ2\_Q01

**Variable:** HAQ-II Question 1

**Definition:** We are interested in learning how your illness affects your ability to function in daily life. Place an X in the box which best describes your usual abilities OVER THE PAST WEEK:

Are you able to:....Stand up from a straight chair?

**Supporting Definition:** N/A

**Inclusion Criteria:** If "1 = HAQ-II" to PROMCHOICE\_ACT

**Timing:** Baseline and annually

**Data Source:** Patient-reported

**Type:** Single answer

**Response Options:** 0 = Without Any Difficulty  
 1 = With Some Difficulty  
 2 = With Much Difficulty  
 3 = Unable To Do

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**Variable ID:** HAQ2\_Q02

**Variable:** HAQ-II Question 2

**Definition:** Are you able to:.... Walk outdoors on flat ground?

**Supporting Definition:** N/A

**Inclusion Criteria:** If "1 = HAQ-II" to PROMCHOICE\_ACT

**Timing:** Baseline and annually

**Data Source:** Patient-reported

**Type:** Single answer

**Response Options:** 0 = Without Any Difficulty  
 1 = With Some Difficulty  
 2 = With Much Difficulty  
 3 = Unable To Do

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**Variable ID:** HAQ2\_Q03

**Variable:** HAQ-II Question 3

**Definition:** Are you able to:.... Get on/off toilet?

**Supporting Definition:** N/A

**Inclusion Criteria:** If "1 = HAQ-II" to PROMCHOICE\_ACT

**Timing:** Baseline and annually

**Data Source:** Patient-reported

**Type:** Single answer

**Response Options:** 0 = Without Any Difficulty  
 1 = With Some Difficulty  
 2 = With Much Difficulty  
 3 = Unable To Do

---

**Variable ID:** HAQ2\_Q04

**Variable:** HAQ-II Question 4

**Definition:** Are you able to:.... Reach and get down a 5 pound object (such as a bag of sugar) from just above your head?

**Supporting Definition:** N/A

**Inclusion Criteria:** If "1 = HAQ-II" to PROMCHOICE\_ACT

**Timing:** Baseline and annually

**Data Source:** Patient-reported

**Type:** Single answer

**Response Options:** 0 = Without Any Difficulty

1 = With Some Difficulty  
 2 = With Much Difficulty  
 3 = Unable To Do

<b>Variable ID:</b>	HAQ2_Qo5
<b>Variable:</b>	HAQ-II Question 5
<b>Definition:</b>	Are you able to:... Open car doors?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = HAQ-II" to PROMCHOICE_ACT
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = Without Any Difficulty 1 = With Some Difficulty 2 = With Much Difficulty 3 = Unable To Do
<b>Variable ID:</b>	HAQ2_Qo6
<b>Variable:</b>	HAQ-II Question 6
<b>Definition:</b>	Are you able to:... Do outside work (such as yard work)?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = HAQ-II" to PROMCHOICE_ACT
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = Without Any Difficulty 1 = With Some Difficulty 2 = With Much Difficulty 3 = Unable To Do
<b>Variable ID:</b>	HAQ2_Qo7
<b>Variable:</b>	HAQ-II Question 7
<b>Definition:</b>	Are you able to:... Wait in line for 15 minutes?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = HAQ-II" to PROMCHOICE_ACT
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = Without Any Difficulty 1 = With Some Difficulty 2 = With Much Difficulty 3 = Unable To Do
<b>Variable ID:</b>	HAQ2_Qo8
<b>Variable:</b>	HAQ-II Question 8
<b>Definition:</b>	Are you able to:... Lift heavy objects?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = HAQ-II" to PROMCHOICE_ACT
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = Without Any Difficulty 1 = With Some Difficulty 2 = With Much Difficulty 3 = Unable To Do
<b>Variable ID:</b>	HAQ2_Qo9
<b>Variable:</b>	HAQ-II Question 9
<b>Definition:</b>	Are you able to:... Move heavy objects?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = HAQ-II" to PROMCHOICE_ACT
<b>Timing:</b>	Baseline and annually

<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = Without Any Difficulty 1 = With Some Difficulty 2 = With Much Difficulty 3 = Unable To Do
<b>Variable ID:</b>	HAQ2_Q10
<b>Variable:</b>	HAQ-II Question 10
<b>Definition:</b>	Are you able to:... Go up two or more flights of stairs?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = HAQ-II" to PROMCHOICE_ACT
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = Without Any Difficulty 1 = With Some Difficulty 2 = With Much Difficulty 3 = Unable To Do
<b>Variable ID:</b>	PROMCHOICE_OEPHI
<b>Variable:</b>	PROM Choice - Overall Emotional and Physical Health Impact
<b>Definition:</b>	Which Patient-Reported Outcome Measure are you using to measure overall emotional and physical health impact?
<b>Supporting Definition:</b>	Choose one from: Numerical Rating Scale (Patient Global Assessment) Visual Analogue Scale (Patient Global Assessment) PROMIS Global Health EQ-5D-5L SF-6D Raid Psaid PedsQL3.0 PedsQL4.0 PROMIS Global Health Paediatric EQ-5D-Y
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	1 = Numerical Rating Scale (Patient Global Assessment) 2 = Visual Analogue Scale (Patient Global Assessment) 3 = PROMIS Global Health 4 = EQ-5D-5L 5 = SF-6D 6 = Raid 7 = Psaid 8 = PedsQL3.0 9 = PedsQL4.0 10 = PROMIS Global Health Paediatric 11 = EQ-5D-Y
<b>Variable ID:</b>	OEPHI_NRS
<b>Variable:</b>	Overall Emotional and Physical Health Impact Numerical Rating Scale
<b>Definition:</b>	Circle the number that best describes how your arthritis has affected you overall during the last week.
<b>Supporting Definition:</b>	0 = No impact 10 = Extreme impact
<b>Inclusion Criteria:</b>	If "1 = NRS (Patient Global Assessment)" to PROMCHOICE_OEPHI
<b>Timing:</b>	Baseline and annually

<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	Numerical value between 0 and 10
<b>Variable ID:</b>	PROMCHOICE_WSHAP
<b>Variable:</b>	PROM Choice - Work/school/housework ability and productivity
<b>Definition:</b>	Which Patient-Reported Outcome Measure are you using to measure work/school/housework ability and productivity?
<b>Supporting Definition:</b>	Choose one from: WPAI PedsQL4.0 - School Function
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	1 = WPAI 2 = PedsQL4.0 - School Function
<b>Variable ID:</b>	WPAI_GH_Q01
<b>Variable:</b>	Work Productivity and Activity Impairment Questionnaire: General Health V2.0 (WPAI:GH) Question 1
<b>Definition:</b>	Are you currently employed (working for pay)?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = WPAI" to PROMCHOICE_WSHAP
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Yes
<b>Variable ID:</b>	WPAI_GH_Q02
<b>Variable:</b>	Work Productivity and Activity Impairment Questionnaire: General Health V2.0 (WPAI:GH) Question 2
<b>Definition:</b>	The next questions are about the past seven days, not including today. During the past seven days, how many hours did you miss from work because of your health problems? Include hours you missed on sick days, times you went in late, left early, etc., because of your health problems. Do not include time you missed to participate in this study.
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = Yes" to WPAI_GH_Q01
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Numerical value
<b>Response Options:</b>	Numerical value
<b>Variable ID:</b>	WPAI_GH_Q03
<b>Variable:</b>	Work Productivity and Activity Impairment Questionnaire: General Health V2.0 (WPAI:GH) Question 3
<b>Definition:</b>	During the past seven days, how many hours did you miss from work because of any other reason, such as vacation, holidays, time off to participate in this study?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = Yes" to WPAI_GH_Q01
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Numerical value
<b>Response Options:</b>	Numerical value
<b>Variable ID:</b>	WPAI_GH_Q04
<b>Variable:</b>	Work Productivity and Activity Impairment Questionnaire: General Health V2.0 (WPAI:GH) Question 4
<b>Definition:</b>	During the past seven days, how many hours did you actually work?
<b>Supporting Definition:</b>	N/A



<b>Inclusion Criteria:</b>	If "1 = Yes" to WPAI_GH_Qo1
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Numerical value
<b>Response Options:</b>	Numerical value
<b>Variable ID:</b>	WPAI_GH_Qo5
<b>Variable:</b>	Work Productivity and Activity Impairment Questionnaire: General Health V2.0 (WPAI:GH) Question 5
<b>Definition:</b>	During the past seven days, how much did your health problems affect your productivity while you were working? Think about days you were limited in the amount or kind of work you could do, days you accomplished less than you would like, or days you could not do your work as carefully as usual. If health problems affected your work only a little, choose a low number. Choose a high number if health problems affected your work a great deal.
<b>Supporting Definition:</b>	Consider only how much health problems affected productivity while you were working Scale: 0 = Health problems had no effect on my work 10 = Health problems completely prevented me from working
<b>Inclusion Criteria:</b>	If ">0" to WPAI_GH_Qo4
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Numerical
<b>Response Options:</b>	Numerical value between 1 and 10
<b>Variable ID:</b>	WPAI_GH_Qo6
<b>Variable:</b>	Work Productivity and Activity Impairment Questionnaire: General Health V2.0 (WPAI:GH) Question 6
<b>Definition:</b>	During the past seven days, how much did your health problems affect your ability to do your regular daily activities, other than work at a job?  By regular activities, we mean the usual activities you do, such as work around the house, shopping, childcare, exercising, studying, etc. Think about times you were limited in the amount or kind of activities you could do and times you accomplished less than you would like. If health problems affected your activities only a little, choose a low number. Choose a high number if health problems affected your activities a great deal
<b>Supporting Definition:</b>	Consider only how much health problems affected your ability to do your regular daily activities, other than work at a job. Scale: 0 = Health problems had no effect on my daily activities 10 = Health problems completely prevented me from doing my daily activities
<b>Inclusion Criteria:</b>	If "1 = WPAI" to PROMCHOICE_WSHAP
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Patient-reported
<b>Type:</b>	Numerical
<b>Response Options:</b>	Numerical value between 1 and 10

## Treatment-Specific Outcomes

<b>Variable ID:</b>	SAE
<b>Variable:</b>	Serious Adverse Events
<b>Definition:</b>	Has the patient suffered from any serious adverse events in the past 12 months?
<b>Supporting Definition:</b>	According to the FDA, a serious adverse event is an undesirable experience associated with the use of a medical product in a patient. The event is serious when the patient outcome is: death; life-threatening; hospitalisation; disability or

	permanent damage; congenital anomaly/birth defect; required intervention to prevent permanent impairment or damage; other serious (important medical events).
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Yes 999 = Unknown
<b>Variable ID:</b>	SAE_TYPE
<b>Variable:</b>	Serious Adverse Events - Classification
<b>Definition:</b>	Which serious adverse event(s) has the patient suffered from in the past 12 months?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	If "1 = Yes" to SAE
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Clinician
<b>Type:</b>	Multiple answer
<b>Response Options:</b>	1 = Death 2 = Life-threatening 3 = Hospitalisation 4 = Disability or permanent damage 5 = Congenital anomaly/birth defect 6 = Required intervention to prevent permanent impairment or damage 7 = Other serious (important medical events)
<b>Variable ID:</b>	REM_LDA_TARG
<b>Variable:</b>	Disease activity target
<b>Definition:</b>	What was the disease activity target?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	1 = Clinical remission 2 = Low disease activity 3 = Both 999 = Unknown
<b>Variable ID:</b>	REM_LDA_REAC
<b>Variable:</b>	Disease activity target reached
<b>Definition:</b>	Was the disease activity target reached?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline and annually
<b>Data Source:</b>	Clinician
<b>Type:</b>	Single answer
<b>Response Options:</b>	0 = No 1 = Yes 999 = Unknown
<b>Variable ID:</b>	IDA
<b>Variable:</b>	Inflammatory disease activity
<b>Definition:</b>	Which validated and internationally-accepted composite score for inflammatory disease activity did you use?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline and 6-monthly if disease is active, baseline and annually if in remission
<b>Data Source:</b>	Clinician

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<b>Type:</b>	Free text
<b>Response Options:</b>	Free text

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<b>Variable ID:</b>	IDA_RES
<b>Variable:</b>	Inflammatory disease activity result
<b>Definition:</b>	What was the clinical composite score?
<b>Supporting Definition:</b>	N/A
<b>Inclusion Criteria:</b>	All patients
<b>Timing:</b>	Baseline and 6-monthly if disease is active, baseline and annually if in remission
<b>Data Source:</b>	Clinician
<b>Type:</b>	Free text
<b>Response Options:</b>	Free text

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# Working Group Member Conflicts of Interest

At the beginning of the Working Group process, we ask all Working Group members to declare any conflicts of interest they have. We then circulate these within the Group to ensure transparency.

Name	Title	Declarations
Mart van de Laar	Professor of Rheumatology	Roche - research support
Harald Vonkeman	Associate Professor of Rheumatology	Roche - research support
Martijn Oude Voshaar	Senior Researcher	None declared
Zofia Das-Gupta	Project Leader	None declared
Angelique Weel	Associate Professor of Rheumatology	Abbvie - grant Pfizer - grant UCB - grant
Annelies Boonen	Professor of Rheumatology	
Benjamin Ellis	Consultant Rheumatologist Senior Clinical Advisor, Arthritis Research UK	Led on the development of the Musculoskeletal Health Questionnaire
Christina Opava	Professor of Physiotherapy	None declared
Christine Hale	National Director of Clinical Performance Excellence	None declared
Delphine Courvoisier	Senior Researcher	BMS - personal fees
Enrique Soriano	Associate Professor of Rheumatology	Abbvie - grant, personal fees Bristol - grant, personal fees Pfizer - grant, personal fees Janssen - grant, personal fees UCB - grant, personal fees Roche - grant, personal fees Novartis - grant, personal fees
Geraldo Pinheiro	Associate Professor of Rheumatology	Abbvie - consulting honorarium AstraZeneca - consulting honorarium BMS - consulting honorarium Janssen - consulting honorarium Pfizer - consulting honorarium Roche - consulting honorarium Sanofi Aventis - consulting honorarium
Girish Mody	Professor of Rheumatology	GSK - honorarium (advisory board member - past) AstraZeneca - honorarium (advisory board member - past)
Jeffrey Chau	Patient Representative	Eli Lilly and Company - consulting fees Boehringer Ingelheim - consulting fees
Jeffrey Curtis	Professor of Medicine	Amgen - honorarium/research BMS - honorarium/research Corrona - honorarium/research Crescendo - honorarium/research Janssen - honorarium/research Pfizer - honorarium/research
Jennifer Horonjeff	Instructor Officer of Research	Boehringer-Ingelheim - honorarium
Johannes Bijlsma	Professor of Rheumatology	Abbvie - consulting fees BMS - consulting fees MSD - consulting fees Pfizer - consulting fees Roche - consulting fees SUN - consulting fees UCB - consulting fees
Kaleb Michaud	Associate Professor of Rheumatology	None declared
KatyYingYing Leung	Assistant Professor of Rheumatology	None declared

Laure Gossec	Professor of Rheumatology	Abbott - speaking fees/honorarium Abbvie - speaking fees/honorarium Celegne - speaking fees/honorarium Chugai - speaking fees/honorarium Janssen - speaking fees/honorarium MSD - speaking fees/honorarium Novartis - speaking fees/honorarium Pfizer - speaking fees/honorarium Roche - speaking fees/honorarium UCB - speaking fees/honorarium
Maarten de Wit	Patient Representative	Abbvie - committee fee Novartis - committee fee BMS - committee fee Celegne - speaking fee Roche - speaking fee
Marieke Voshaar	Patient Representative	None declared
Merav Lidar	Professor of Rheumatology	None declared
Mwidimi Ndosi	Senior Lecturer in Rheumatology	None declared
Nico Wulffraat	Professor of Paediatric Rheumatology	Abbvie - grant Novartis - speaking fees, drug trials Pfizer - grant Sanofi - grant
Philip Mease	Director of Rheumatology Research	Abbvie - research grant/consulting honorarium/speaking honorarium Amgen - research grant/consulting honorarium/speaking honorarium BMS - research grant/consulting honorarium/speaking honorarium Janssen - research grant/consulting honorarium/speaking honorarium Novartis - research grant/consulting honorarium/speaking honorarium Pfizer - research grant/consulting honorarium/speaking honorarium UCB - research grant/consulting honorarium/speaking honorarium Celegne - speaking honorarium Genentech - speaking honorarium Crescendo Bioscience - consulting/speaking honorarium Galapagos - consulting honorarium Lilly - consulting honorarium SUN - consulting honorarium Corrona - consulting honorarium
Sofia Ernestam	Rheumatology Specialist	None declared
William Taylor	Associate Professor of Rheumatology	None declared

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## Reference Guide Revisions

Reference Guide Version	Location within Reference Guide	Content Change
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